



News Leader[®]



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Fort Sam Houston — Home of Army Medicine

June 10, 2004

Briefs

5th Recruiting Brigade Change of Command today

Col. James E. Granger will relinquish command of the 5th Recruiting Brigade to Col. Dorothea I. Wallace at a ceremony today, 9 a.m. at the historic Quadrangle, 1400 East Grayson St.

BAMC observes NDM tomorrow

In observance of the National Day of Mourning, Brooke Army Medical Center is open only for essential services and scheduled surgeries tomorrow.

228th CSH Change of Command, June 12

Col. Carol Gaddy will relinquish command of the 228th Combat Support Hospital to Col. Lester McGilvray at a ceremony on June 12, 9 a.m., at the Kelly Heliport located on W.W. White (Service Road 33) past Salado Creek Park.

Army Birthday-Flag Day, June 14

The Army's 229th Birthday and 227th Flag Day ceremony will be held June 14, 10 a.m. at the post flagpole on Stanley Road. Keynote speaker is Brig. Gen. Daniel F. Perugini, commander, Army Medical Department Center and School and Fort Sam Houston. The public is invited.

A-76 Town Hall Mtgs., June 22, 23

The next A-76 Town Hall meetings will be held June 22 and 23, 1:30 to 3 p.m. at the Roadrunner Community Center, Bldg. 2797 on Stanley Road.

32nd Med. Bde. Change of Responsibility, June 16

Command Sgt. Sampson Rush will relinquish command of 32nd Medical Brigade to Command Sgt. Michael Kelley at a ceremony on June 16, 8 a.m. at MacArthur Parade Field.



Photo by David Kennedy

Ronald Wilson Reagan February 6, 1911 - June 5, 2004

“Whatever else history may say about me when I’m gone, I hope it will record that I appealed to your best hopes, not your worst fears; to your confidence rather than your doubts. My dream is that you will travel the road ahead with liberty’s lamp guiding your steps and opportunity’s arm steadying your way.”

Ronald W. Reagan
40th President of the United States

Bush announces Reagan’s death, proclaims National Day of Mourning

TO THE PEOPLE OF THE UNITED STATES:

It is my sad duty to announce officially the death of Ronald Reagan, the fortieth President of the United States, on June 5, 2004.

We are blessed to live in a Nation, and a world, that have been shaped by the will, the leadership, and the vision of Ronald Reagan.

With an unshakable faith in the values of our country and the character of our people, Ronald Reagan renewed America’s confidence and restored our Nation. His optimism, strength, and humility epitomized the American spirit. He always told us that for America the best was yet to come.

Ronald Reagan believed that God takes the side of justice and that America has a special calling to oppose tyranny and defend freedom. Through his courage and determination, he enhanced America’s security and advanced the spread of peace, liberty, and democracy to millions of people who had lived in darkness and oppression. As America’s President, Ronald Reagan helped change the world.

President Reagan has left us, but he has left us stronger and better. We take comfort in the knowledge that he has left us for a better place, the shining city that awaits him.

Proclamation

NOW, THEREFORE, I GEORGE W. BUSH, President of the United States of America, by the authority vested in me by the Constitution and laws of the United States, in honor and tribute to the memory of Ronald Reagan, and as an expression of public sorrow, do hereby direct that the flag of the United States be displayed at half-staff at the White House and on all buildings, grounds, and Naval vessels of the United States for a period of 30 days from the day of his death. I also direct that for the same length of time, the representatives of the United States in foreign countries shall make similar arrangements for the display of the flag at half-staff over their Embassies, Legations, and other facilities abroad, including all military facilities and stations.

I hereby order that suitable honors be rendered by units of the Armed Forces under orders of the Secretary of Defense.

I do further appoint Friday, June 11, 2004, as a National Day of Mourning throughout the United States. I call on the American people to assemble on that day in their respective places of worship, to pay homage to the memory of President Reagan. I invite the people of the world who share our grief to join us in this solemn observance.

IN WITNESS WHEREOF, I have hereunto set my hand this sixth day of June, in the year of our Lord two thousand four, and of the Independence of the United States of America the two hundred and twenty-eighth.

GEORGE W. BUSH

BAMC Consolidated Acute Care Clinic replaces Urgent Care Clinic

By Norma Guerra and Nelia Schrum
BAMC Public Affairs

Brooke Army Medical Center will convert the Urgent Care

Clinic on June 14 to a Primary Care Clinic.

The new clinic, called the BAMC Consolidated Primary Care Clinic, will focus on primary care instead of sub-acute

emergency cases. The clinic provides appointments to patients enrolled in TRICARE Prime and Plus.

“The good news is that clinic conversion will improve

access and continuity of care for TRICARE Prime and Plus enrollees,” said BAMC Deputy Commander for Clinical Services Col. Carlos Angueira.

The change from a walk-in non-appointment clinic to a clinic where patients are largely seen by appointment will be a culture change for all military medicine beneficiaries who were previously

Continued on Page 3

USARSO moves to Old BAMC

By Robert Appin
U.S. Army South Public Affairs

U.S. Army South moved into its new headquarters in building 1000, formerly the Brooke Army Medical Center.

The more than 500 USARSO employees moved into their new offices after patiently waiting for several months.

“The building is 210,000 square feet and we are occupying the third to seventh floor as well as some of the second floor and basement,” said Col. John R. Luce, USARSO, deputy chief of staff for engineering and the officer-in-charge of the renovation.

However, prior to moving into the new offices, many details that ranged from remodeling the interior to ensuring proper communications had to be resolved.

“We had to literally gut-out the building and ensure that we did not violate any of the policies or directives for renovating a historical building,” added Luce. The renovation encompassed the safe removal of asbestos, new plumbing, rewiring the building and many other necessary actions to have the building fully functional.

Maj. David G. Sanchez, logistics officer, deputy chief of staff for logistics, was the offi-

Continued on Page 19



Photo by Sgt. Jan M. Allende

Contractors pack computers and transfer them to U.S. Army South’s new headquarters.

Our Army At War - Relevant and Ready

Our Army is serving a Nation at war.

The Global War on Terrorism will not be short and it will require deep and enduring commitment. To fight this war and ensure our nation’s security into the future, the Army must provide the Joint Force with relevant and ready capabilities to support the National Security and Defense Strategies. Our Army is a campaign-quality Army with a Joint and Expeditionary Mindset, a proud member of the Joint Force expertly serving our nation and its citizens for 229 years.

The Army provides the Joint Force with the combat, combat support, and combat service support capabilities necessary to conduct sustained land warfare during extended campaigns. This is our unique contribution to the Joint Team and it will be maintained. The challenge we are addressing is how to transform our organizations, processes, doctrine and culture so that we are better able to provide this contribution in a more prompt and rapid manner.

As it has always been, Soldiers, both active and reserve, are the

heart of the Army. Embued with the Warrior Ethos, our Soldiers are “Warriors of character” whose seriousness and sense of urgency are characteristic of an Army at war. Our Soldiers will always place the mission first, never accept defeat, never quit and will never leave a fallen comrade.

The 229th Birthday logo reflects who we are as Soldiers and an Army in 2004.— Our Army At War— Relevant and Ready.

General Peter J. Schoomaker
Chief of Staff of the Army



Front



Back

Fort Sam Houston News Leader

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**Army Medical Department
Center and School and
Fort Sam Houston
Commander**
Brig. Gen. Daniel F. Perugini

Garrison Commander
Col. Garry Atkins

Public Affairs Officer
Phillip Reidinger

Editor
Yolanda Hagberg

Layout Artist
Lori Newman

'Sandbox' brings smiles to Afghan children



Coalition Joint Task Force Phoenix Soldier watches as a young Afghan boy takes his turn at bat during a playground baseball game in Kabul, Afghanistan recently.

Story and photos by Staff Sgt. Robert R. Ramon
Combined Joint Task Force Phoenix
Public Affairs Office

Coalition Joint Task Force Phoenix Soldiers fighting terrorism in Afghanistan took time recently to brighten the lives of some of the victims hit hardest by the 25 years of war that ravaged this country—the Afghan children.

During what would normally have been at least a partial day off for CJTFP Soldiers, several used their free time to travel to a nearby orphanage to visit with

local children and deliver donations sent by family and friends back home.

"Today we brought two five-ton trucks loaded with food, toys and candy," said Staff Sgt. Tim Wilkens, from Sand Springs, Okla. after helping to unload the large trucks in the orphanage courtyard.

Children of all ages watched excitedly as the Soldiers unpacked each box. After organizing all the items, the Soldiers handed out toys and school supplies to the visibly happy children.

"When you see the children when the Soldiers are here, a

smile comes across their face," said Mohammad Hafiz Karimi, an Afghan interpreter working with the Soldiers. "These are smiles not seen in many years," he said.

It was arguable as to who was happiest on this day—the children or the Soldiers.

"Personally for me it's great," said Wilkens. "Since I've been here I've gone on more than two hundred combat missions. This is the first time I've visited an orphanage and it's great to actually be able to come out here and be with the little kids."

The children waited with great anticipation all morning according to the orphanage employees. They were happy to know that the Soldiers cared enough to visit them.

"When the Soldiers are here the children forget they're orphans and have no parents," said Karimi. "They know there's someone there to take care of them," he said of the Soldiers. "The kids really appreciate it and I'm very happy about that."

The Soldiers created a makeshift playing field in the courtyard and taught the children to play one of America's favorite sports—baseball. As the game went on, a group of adults stood at the gate and took in the unusual sight of foreign Soldiers playing games with Afghan children.

"It's showing goodwill toward them and letting them see a different side to us other than just combat operations," said Wilkens. "We're able to show that we do care about the Afghan people and their children," he said as a small Afghan boy about two or three years old ran over to give him a "high-five." "That right there makes being here in Afghanistan worth while. I'd like to be here (at the orphanage) more often."

If any of the Soldiers had any doubts as to whether their visit

made a difference to the children, the Afghan adults in the area were more than happy to let them know just how much their presence meant.

"It's very good to have the Soldiers here at the orphanage," said Karimi. "It's a joy to have the Soldiers here for the children and the people of Afghanistan are very happy to have the Soldiers here in general as well," he said.

The Soldiers are planning several more trips to the orphanage in the near future and additional donations would be greatly appreciated in order to make these visits successful.

If you'd like to participate, send items including clothing (ages one to 12), school supplies, athletic equipment, toiletries and toys to: "Operation Sandbox," 45th In Bde, Camp Phoenix, APO AE 09356.



Coalition Joint Task Force Phoenix Staff Sgt. Tim Wilkens from Sand Springs, Okla. prepares to hand out toys and school supplies to children in Kabul, Afghanistan.



Coalition Joint Task Force Phoenix Soldiers unload donations at an orphanage in Kabul, Afghanistan.

BAMC

Continued from Page 1

ly seen at the Urgent Care Clinic.

Patients at the BAMC Consolidated Primary Care Clinic will be evaluated according to their medical condition.

"All urgent and emergent patients will be referred to the

Emergency Department," Angueira said. "Non-urgent patients will be prioritized based on their TRICARE enrollment status."

BAMC TRICARE Prime patients, followed by BAMC TRICARE Plus enrollees will be the clinic's top priority.

Beneficiaries who have not enrolled in TRICARE Prime and those who have both Medicare and TRICARE for Life will have limited access to the new clinic. This group of patients will be referred to local health care providers for their medical care when the clinic appointments are full.

"Historically, many of the patients at the Urgent Care Clinic were TRICARE Prime patients who were unable to get an appointment with their own primary care clinic," Angueira said. "With the start of the BAMC Consolidated Primary Care Clinic our Prime beneficiaries should find it's easier to get an appointment."

Angueira said that eligible patients who are not enrolled in TRICARE and want access to military medical care are urged to enroll in TRICARE Prime and select a BAMC clinic

as their health care facility.

"By enrolling in TRICARE Prime and selecting BAMC, eligible patients will be assured of access," Angueira said, adding that, BAMC regrets that the TRICARE Plus program remains closed because the program has reached its maximum capacity.

Chief of Clinical Operations Lt. Col. Christopher Meilinger said patient representatives will be onsite at the BAMC Consolidated Primary Care Clinic for the first 60 days of operation to assist non-eligible patients with health care service referrals to community providers.

The change that will effect non-enrollees most, is that all non-urgent patients will be prioritized for an appointment based on their TRICARE enrollment status.

The new clinic will operate Monday through Sunday from 8 a.m. to 9 p.m.

"Patients will only be seen in the BAMC Consolidated Primary

Care Clinic from noon to nine p.m.," Meilinger said. "Patients arriving from 8 a.m. to noon will be dispositioned based on eligibility status."

Meilinger said BAMC TRICARE Prime patients will be sent to their primary care clinic or given an appointment at the BAMC Consolidated Primary Care Clinic. Patients not eligible for clinic services will receive referral assistance.

Meilinger anticipates approximately 90 percent of patients will be seen by appointment.

Beneficiaries wishing to enroll in TRICARE Prime may enroll in the TRICARE office at BAMC located on the lower level of the hospital. Beneficiaries may also download enrollment forms at the HealthNet Federal Services Web site located at <http://www.healthnetfederal-services.com>.

Beneficiaries who want additional information on TRICARE will find extensive information on the Internet at <http://www.tricare.osd.mil>.



Photo by Maj. Gregg Tooley

Spc. Edgardo Castillo, Brook Army Medical Center, hangs the sign for the new BAMC Consolidated Primary Care Clinic that opens June 14.

General Schoomaker’s Army Safety Campaign message



Gen. Peter J. Schoomaker
Army Chief of Staff

In my December 11, 2003 message, I emphasized that our accident trend, if not reversed, will exceed last year’s losses. On Feb. 11, you were briefed on our safety campaign.

On December 11, 2003, we had 52 Class A accidents with 43 fatalities. On Feb. 11, we had 96 Class A accidents with 87 fatalities. As of April 5, we had 142 Class A accidents and 127 accidental deaths. This is unacceptable. We are all accountable when it comes to safety, from me all the way down to each individual Soldier. Get leaders aggressively involved and reverse this trend now. Good outfits do not lose Soldiers needlessly.

Initial communicate on and promotional materials were distributed at the Public Affairs Conference March 2-3. We issued the plan for the Army Safety Campaign on April 5. Advance information and tools are available on the U.S. Army Safety Center home page at <http://safety.army.mil/home.html>.

I want you to incorporate the Army Safety Campaign into your ongoing accident prevention and risk management efforts. Leadership that ensures adequate training, adherence to standards, and planning to mitigate hazards is our best tool to turn our accident trend around. I want you to ensure dissemination of the Army Safety Campaign down to the lowest level of your command and take the following actions immediately:

- Hold all leaders accountable for incorporating risk management into planning operations, conducting mission analysis and providing back briefs to the next higher level. Focus junior leaders on assessing low risk hazards on the periphery of operations where most of our accidents are occurring.
- Brief safety lessons learned,

especially hazards and control measure, to our OEF/OIF personnel. Reinforce that standards and discipline are the best control measures and much more powerful than constraints that make us risk adverse.

- Encourage Soldiers’ peers, families and friends to become actively involved in Soldiers’ off-duty safety by promoting the “guardian angel program” on and off post. Use your local media.
- Set expectations and make sure your Soldiers understand they are accountable for their own actions and your leaders are accountable for preserving combat power through proactive risk management.
- Recognize excellence in safety, similar to the Sergeant Major of the Army’s recently announced safety impact award.

- TRADOC take immediate steps to adjust risk management training to reflect an Army at war; teach risk management as part of field craft in realistic scenarios.

I will have the DAIG conduct a follow-up on the Army Safety Campaign awareness and risk application in 90 days. In the meantime, assess the pervasiveness and effectiveness of the campaign at all levels of your command and give me your thoughts.

Identifying and controlling hazards through risk management will help us to succeed not make us risk averse. Through tough training, adequate pre-mission planning, and maintaining standards and accountability, we will protect our Soldiers from needless loss to accidents.

“Our Army at war ... be safe”

Safety responsibility continues for Soldiers redeploying home

By Lt. Col. Charlie Clayton
CJTF 180, Afghanistan

Units plan and prepare extensively for the return of their personnel and equipment to home station. However, leaders must also prepare their Soldiers for the dangers they will face after they’ve returned.

Most of our ground forces can expect to be deployed to Iraq or Afghanistan at some time in the future. Leaders are responsible for protecting their Soldiers in those unfamiliar environments. However, that responsibility doesn’t end when those Soldiers leave the theater- it also extends to when they go on leave or pass after redeploying home.

In the old days, a Soldier returning from a remote tour of duty could expect a safety brief-

ing that consisted of “don’t drink and drive” and “use a condom.” But such a warning is insufficient today. Soldiers returning home from an extended combat zone deployment will go on leave or pass and do as Soldiers have always done: have fun, deflate, and get wild. Leaders need to give their Soldiers every opportunity to return alive, healthy, and fit for duty. To do that, Soldiers must be set up for success, not failure.

Commanders at every level should take time to review plans for passes and leave and ask themselves, “What are the safety concerns?” In fact, there are several.

Statistics show motor vehicle accidents continue to take a disproportionate number of our Soldiers’ lives each year. A significant factor in these accidents is fatigue. Soldiers have been taught

to plan for convoy operations, including scheduled rest and meal breaks. Why not require Soldiers to do the same thing when planning their leave or pass? Internet road map tools allow Soldiers to plan their travel in far more detail than ever before. They can even arrange for meals and lodging before their departure. Squad leaders and first-line supervisors, while unable to oversee their personnel on leave or pass, should still review their Soldiers’ travel plans.

The most dangerous phase of leave or pass is the return trip because Soldiers often wait until the last minute to head back. Leaves normally begin and end at midnight, which allows a Soldier time to sleep before first formation the next day. The exception to the midnight rule is when a Soldier works more than half the

normally scheduled working hours on the date the leave begins or ends. In such cases, Army Regulation 600-8-10, Leaves and Passes, allows the commander to authorize either early departure or late arrival. However, passes can be more of a problem. Passes normally end at the beginning of working hours on the day the Soldier returns. That can tempt Soldiers to wait until the last minute to head back to their unit, perhaps driving all night, a tactic that has proven fatal for many Soldiers. Even if they don’t have an accident during that drive, they’re likely to show up for duty so tired they are a danger to themselves and others. To prevent that from happening, commanders need to establish a pass policy that ensures Soldiers return to their units in time to get plenty of

sleep before first formation. NCOs can provide accountability by having their Soldiers call them when they return from pass.

Commanders realize their Soldiers are their unit’s most valuable asset. The accidental death of a Soldier is something for which a commander can never be fully prepared. However, by establishing a safety-oriented pass policy, commanders can help protect their Soldiers from fatigue-related accidents.

Route planning and scheduled rests to relieve fatigue and exhaustion are essential to a safe movement operation. Don’t allow your Soldiers’ return from deployment to be their last successful operation. Set them up for a successful leave or pass AND a safe return to post and duty.

Executive Order declares Government Departments and Agencies Closed, June 11

On June 6, the President issued an Executive Order as follows:

Section 1. All executive departments, independent establishments, and other governmental agencies shall be closed on June 11, 2004, as a mark of respect for Ronald Reagan, the fortieth President of the United

States. That day shall be considered as falling within the scope of Executive Order 11582 of February, 1971, and 5 U.S.C. 5546 and 6103 (b) and other similar statutes insofar as they relate to the pay and leave of employees of the United States.

Section 2. The first sentence of section 1 of this order shall

not apply to those offices and Department of Justice, the Department of Homeland Security, or other departments, independent establishments and governmental agencies that the heads thereof determine should remain open for reasons of national security or defense or other essential public business.

Honors to be rendered in honor of 40th President of the United States

In accordance with Army Regulation 600-25 “Salutes, Honors and Visits of Courtesy,” the following honors are rendered on the day of interment of an ex-President:

- A 21-minute gun (cannon) salute commencing at noon in one-minute intervals, Friday, June 11.
- A 50-gun (cannon) salute equal to the number of States of the Union fired at retreat at five-second intervals following the lowering of the flag.

The honors will be executed at the Fort Sam Houston installation flagpole located on Stanley Road.

‘Be Safe’ safety video showing at Blesse Auditorium

As required by the Army Safety Campaign Plan, all Soldiers must view the “BE SAFE!” video before July 4. This video is 47 minutes long. It is located on the Army Safety Center Web site, <https://safety.army.mil/home.html>. This video will also be shown at Blesse Auditorium, Bldg. 2841, at the following dates and times:

- June 14, 9 a.m.
- June 17, 8 a.m. and 1 p.m.
- June 23, 8 a.m., 9 a.m., 1 p.m., 3 p.m.
- June 25, 8 a.m.

Request each unit provide the total number of Soldiers who have viewed this video to the FSH Safety Office by June 30.

For information, contact Lupe Gomez, AMEDDC&S and FSH Safety Manager at (210) 221-3866, or e-mail guadalupe.gomez@samhouston.army.mil



Fort Sam Houston Military Police Crime Prevention Section

ATTENTION

Recently, at the Commissary an individual claiming to be from South Africa has approached patrons asking for help. The individual, usually described as a well-dressed, black male with an accent and slim build, shows a large sum of money, or tells a story about inheriting a large sum of money, and says that he can not take it back to South Africa. At some point during this conversation, another individual approaches (an accomplice) and offers to help. The male then convinces the person to put up “good faith money” to receive a large portion of the money. The victim is persuaded to go to his or her bank and withdraw a large sum of cash. The subject takes possession of the victim’s cash and leaves with his accomplice.

If an individual with a similar story approaches you, please try to get a good physical description, and notify Military Police as soon as possible. Remember, if it sounds too good to be true, it probably is!

To report a crime or a suspicious person, call the Military Police at 221-2222.

Academy Battalion celebrates second consecutive Gen. Douglas MacArthur Leadership Award recipient



Courtesy photo
Capt. James Craig, Academy Battalion, is being congratulated by Maj. Gen. Kenneth Farmer, Jr., Deputy Surgeon General of the Army, after accepting the General Douglas MacArthur Leadership Award from Chief of Staff of the Army Gen. Peter J. Schoomaker, at a ceremony held at the Pentagon.

By Maj. Shon Severns
Special to the News Leader

“Duty, honor, country: Those three hallowed words reverently dictate what you ought to be, what you can be, what you will be ... they build your basic character. They mold you for your future roles as the custodians of the Nation’s defense. They make you strong enough to know when you are weak, and brave enough to face yourself when you are afraid,” said General of the Army Douglas MacArthur in his 1962 Sylvanus Thayer Award acceptance speech at the U.S. Military Academy at West Point, N.Y.

The annual Gen. Douglas MacArthur leadership award was established in 1987 by the General Douglas MacArthur Foundation and the Department of the Army to recognize company-grade officers and warrant officers who demonstrate the ideals for which MacArthur stood: duty, honor and country.

On March 4, Capt. James Craig, Academy Battalion, 32nd Medical Brigade, was notified that he was selected as a 2003 recipient of the General Douglas MacArthur Leadership Award. Craig was serving as the E Company commander at Camp Bullis and will attend the Baylor Program graduate program for Healthcare Administration this fall. Craig displayed all of General Douglas MacArthur’s leadership qualities and has proven ability to complete any mission, making daily contributions to develop future leaders of the military. He spent countless hours mentoring young Soldiers to become their very best. He prepared them to meet the challenges and diversities of today’s Army and its fight against the Global War on Terrorism.

Craig, who was the only Medical Command recipient, traveled with his family to Washington, D.C. to receive the award on May 26. The

Chief of Staff of the Army, Gen. Peter J. Schoomaker, hosted the ceremony at the Pentagon. He was presented a bronze bust of General MacArthur, a certificate commemorating his leadership accomplishments, and a gold watch from the Association of the United States Army. The Deputy Surgeon General of the Army, Maj. Gen. Kenneth L. Farmer, Jr., also attended the ceremony and congratulated Craig for his service to the Army Medical Department.

This was the second consecutive year that Academy Battalion had the only active duty Army Medical Department officer to win the General Douglas MacArthur Leadership Award. Last year, 1st Lt. Alejandro Gonzales, then assigned to E Company, Academy Battalion, received the MacArthur Leadership Award.

DTS is coming to Fort Sam Houston this summer

Fort Sam Houston will soon join other Army, Air Force, Marine, Navy and DoD organizations that are already using the new Defense Travel System. First envisioned in the mid-1990s, DTS fielding began in 2001 at 27 pilot sites and at 232 other sites across DoD, and is

already supporting thousands of military and civilian personnel.

Among the benefits DTS brings to travelers, authorizing officials, managers and commanders, those most touted include: fast, electronic reimbursement of travel expenses; approvals and certifications tied directly to mission; a significant reduction in time spent administering travel; reduced paperwork; and the automated payment of government charge cards.

On October 20, 2003 DTS became the official DoD temporary duty (TDY/TAD) travel systems and approved fielding of the system to the entire Defense Department. In the words of the DTS Program Director Col. Brandy Johnson, “Within the next two years we will deploy DTS to the most high-volume travel sites within DoD. It will take time to deploy DTS to all of the DoD, but the process is well underway.”

Col. Alan Tomson, the DTS executive director for Transformation, describes DTS as “a state-of-the-art, 21st century e-commerce system.” He explains, “DTS will mean online TDY travel for virtually every person in the Department of Defense, both civilian and military. This is a quality of life issue for our people. They deserve DTS.”

Fast, electronic reimbursement of travel expenses is a priority item. As Tomson puts it, “Why should our travelers be financing our operations? That’s what happens, in effect, if we don’t reimburse them promptly.” Thanks to DTS, DoD will now be able

to reimburse its business travelers quickly and electronically.

DTS includes worksite approvals and certifications. DTS places approval of travel arrangements and certification of travel vouchers at the traveler’s worksite instead of at a servicing finance location. This places the authority to make travel decisions with the leaders and managers responsible for completing the mission.

There is a significant reduction in the time spent administering travel with average time spent administering travel cut to one-third of what it had been before DTS. And saving time also means saving money.

DTS reduces paperwork. As DoD’s single end-to-end electronic solution for Defense business travel, DTS is, in fact, online travel. DTS provides electronic connectivity between the traveler, the authorizing official, the service/agency accounting and disbursing systems, the local comptroller’s budget, the commercial travel service provider, the commercial bank card service and the electronic archive of travel-related documents. This electronic connectivity and archival process eliminates the

reams of paperwork required previously for business travel.

DTS includes automated payment of government charge cards. This attribute makes DTS “a knight in shining armor” for many travelers and for military Services and Defense agencies. It takes much of the after-the-fact bill paying responsibility away from the traveler, and will work to reduce those delinquencies that are caused by having the extra delay in the payment/repayment chain. Once a voucher is approved for payment, reimbursement for expenses charged to the traveler’s government charge card is made electronically directly to the traveler’s government charge card account.

Current plans call for DTS to be deployed to more than 100 locations across DoD by the end of fiscal year 2004. DTS will be deployed to more than 11,000 DoD locations by the middle of the decade, at which point DTS will support 90 percent of all DoD business travel.

To learn more about the capabilities and functionalities of DTS, visit the Defense Travel System Web site at www.defensetravel.osd.mil.

Unsecured buildings is serious concern

Since May 1, police patrols conducting building checks have discovered 54 buildings unsecured. Points of contact for the buildings were contacted and responded at all hours of the night. Several buildings located on Stanley Road were found unsecured.

Remember, if the police patrols can find the buildings unsecured, so can thieves.

Seidler becomes new CSM, 232nd Medical Battalion



(Above) A guest congratulates Command Sgt. Maj. Michael Kelley following the 232nd Medical Battalion change of responsibility ceremony held at MacArthur Parade Field on Friday.

(Right) Command Sgt. Maj. Keith Seidler became the command sergeant major of the 232nd Medical Battalion during a ceremony hosted by Battalion Commander, Lt. Col. Bruce McVeigh.


Story and photos by Phil Reidinger

Soldiers and non-commissioned officers of the 232nd Medical Battalion welcomed Command Sgt. Maj. Keith Seidler during a ceremony at the MacArthur Parade Field on Friday. Prior to assuming his new position, he served as the deputy commandant of the Army Medical Department NCO Academy. Initially trained as an operating room specialist, his assignments include first sergeant of the Fort Hood, Texas medical activity, and senior leadership positions with the 121st General


Hospital, Fort Meade, Md., medical activity, 2nd Medical Battalion, and the 10th Combat Support Hospital.


Outgoing Command Sgt. Maj. Michael Kelley, served with the 232nd Medical Battalion since June 2002. Initially trained as a 91B medical specialist, his senior leadership positions include divisional medical operations sergeant major, first sergeant, readiness group senior enlisted advisor, and Army Medical Department NCO Academy advanced and basic course instructor.






WANT TO BECOME A WARRANT OFFICER?









The United States Army is looking for highly motivated Soldiers, Marines, Sailors, and Airman to fill its Warrant Officer ranks. Positions are open in all 45 specialties if you qualify. Applicants with less than 12 years active federal service (AFS) are encouraged to apply.

For more information, contact the Warrant Officer Recruiting Team at

www.usarec.army.mil/warrant

(502) 626-0484/0458/0488/0478/1860.



Keenan takes the reins of the ‘Tiger’ battalion

By Jennifer Gunn
San Antonio Recruiting Battalion
Public Affairs

Local Army recruiters have a new commander to lead them atop mission box hill.

On Friday morning, the U.S. Army Recruiting Battalion San Antonio welcomed Lt. Col. John D. Keenan, as the new Tiger family patriarch at the Historic Quadrangle here.

Joining him are his wife, Lt. Col. Jimmie Keenan, and his two children.

“Although this is his first assignment in recruiting,” said Col. James Granger, commander of 5th Recruiting Brigade, “(Keenan) comes well prepared.”

Keenan is an engineer officer whose previous assignment was with the Directorate of Installations, Environment and Facilities Management for U. S. Army Medical Command.

“I consider command a unique privilege and responsibility,” Keenan said. “I will do my utmost to provide (the battalion) with a command climate that sets conditions for our success.”

Keenan went on to say that the mission of the San Antonio Recruiting Battalion is critical to the Army’s readiness, especially during a time of war. He challenged the recruiters to continue to develop first-class standards in accomplishing that mission.

Congratulating the Delayed Entry Program Soldiers in attendance, Keenan said, “there is no greater calling than service to your country.”

He reminded the DEPs of the challenges that will lie ahead, and assured them the Army would provide unmatched opportunities and benefits.

Keenan ended his speech thanking the community for its support of Army promotion.

“The Army, as it has been for almost 229 years, is your Army,” Keenan said to community members present. “Your efforts in helping to promote the Army and its opportunities to young Americans from south and central Texas make you true partners of the battalion.”

Former battalion commander Lt. Col. Dwayne H. Gatson leaves this command for the Pentagon, and the Office of the Assistant Secretary of the Army, Manpower and Reserve Affairs.

“I could not have hand-picked a better first family to take the reins of the Tiger Battalion,” Gatson said of the Keenans.

“The foundation of the San Antonio Recruiting Battalion is strong and determined,” Gatson said. “Recruiting is about relationships, personal and professional. I will miss the sense of team and family that is prevalent here.”

Under Gatson’s two-year leadership, the San Antonio



Photo by Rudy Flowers

San Antonio Recruiting Battalion Command Sgt. Maj. Diana Martinez holds the battalion colors at attention during the change of command ceremony at the Historic Quadrangle June 4. The colors will pass from her to outgoing commander, Lt. Col Dwayne H. Gatson (right), 5th Recruiting Brigade commander, Col. James E. Granger, to the new battalion commander, Lt. Col. John D. Keenan.

Recruiting Battalion was the number one unit in U.S. Army Recruiting Command in writing contracts with our Industry Partnership Initiative, or PaYS, according to Granger. The Battalion was also the top producer in USAREC in the Hispanic market, achieving 115 percent of its assigned mission to date.

Also during Gatson’s tenure, the Battalion made

100 percent of its Regular Army and Army Reserve mission three times.

“The Soldiers in this Battalion love what they do,” Granger said adding that Battalion recruiters have reenlisted in record numbers over the past two years.

“Our Army is the lead force in operations in Iraq and Afghanistan, and is forward deployed in numerous places

around the world,” Granger said.

“It is a magnificent force of volunteers,” Granger said. “But the men and women in formation today know it’s not just a volunteer Army, but a recruited Army.

“It’s not easy,” Granger said describing the tough job Army recruiters face in a nation at war.

“These are tough times, but during tough times, the strong make it happen.”

229th U.S. Army Birthday message from leaders



R.L. Brownlee
Acting Secretary of the Army

On the fourteenth day of June in 1775, the Continental Congress established our Army. In the 229 years since that day, our Army has proven itself on countless battlefields as liberty’s best friend and oppression’s worst foe.

Since its birth — over a year before the Declaration of Independence — the United States Army has played a vital role in the growth and development of the American nation. From winning our new nation’s independence in a tough eight-year fight, to preserving the Union through the tortuous

struggle of the Civil War, through the global conflicts of the 20th Century, our citizens can draw great satisfaction from knowing that whenever the nation was in need, our Army answered the call.

Sixty years ago, in the Army’s birth month of June 1944, our brave Soldiers stormed ashore at Normandy to begin the final thrust to liberate Western Europe. While that beachhead was expanding, our Soldiers liberated Rome, made gains against Japanese invaders in New Guinea, struggled against terrain, weather and a tough enemy in

Burma, and reinforced the U.S. Marine Corps on Saipan. We celebrate our veterans of 1944 on this 229th Army birthday, as we also celebrate the service of our younger U.S. veterans who fought in Korea, Vietnam, Panama, Iraq, Afghanistan, and other conflicts.

Today’s Army is the greatest land fighting force in the history of the world. This spring, we completed the largest troop movement since World War II, while continuing our engagement in Operation Enduring Freedom and Operation Iraqi Freedom. Our Army is serving in more than 120 countries, conducting missions across the spectrum of conflict from humanitarian assistance to combat operations. While at war, we are continuing to change our Army to meet the needs of the current and future strategic environment.

Our Army is strong, and this strength comes from our greatest asset: the American Soldier, whose courage, compassion, and determination have for generations been the bedrock upon which our victories have depended. In all that the Army has accomplished, and all that it will



Gen. Peter J. Schoomaker
Army Chief of Staff

be called upon to do, the American Soldier remains the single most important factor in our success.


We are proud of you, our Army family - Soldiers, civilians, retirees, veterans, and your families, and you are always foremost in our prayers and in our actions. Thank you for your service, for your sacrifices, and for your steadfast devotion to duty. Your courage, dedication, and selfless service to the nation are the hallmarks of the United States Army.

God bless each and every one of you and your families, and God bless America.



Photo by Mina Mullins

At left, Col James E. Granger, commander 5th Recruiting Brigade joined Governor Rick Perry as he signed a proclamation for the state of Texas in recognition of the U.S. Army’s 229th birthday at the capitol May 28. Col. Dorthea I. Wallace, 5th Recruiting Brigade deputy commander and Capt. Ryan Patnode, Austin Recruiting Company commander, also attended the signing.



STATE OF TEXAS
OFFICE OF THE GOVERNOR

It has often been said that the actions of the brave allow us to live free in this great democracy that we so treasure. As we reflect on the 229th birthday of the United States Army, we know that no truer statement has been made. The commitment of the brave to their flag, to their nation, and to their fellow Americans allows us all to hold steadfast our inalienable rights — life, liberty, and the pursuit of happiness.


The United States Army was established on June 14, 1775, when members of the Continental Congress voted to enlist 10 companies of riflemen to “ensure domestic tranquility and to provide for the common defense.” For 229 years, American soldiers have braved great dangers and taken incalculable risks, serving this great nation and the cause of liberty for all mankind.

Texas, too, enjoys a rich military history, with historic active Army installations at Fort Sam Houston, Fort Bliss, and Fort Hood. Today, the Army remains an important part of Texas’ proud heritage.

The men and women who serve, the heroes of our past and our present, deserve our respect and appreciation for their commitment to our country and to the generations of Americans to come.

At this time, therefore, I encourage all Texans to recognize the men and women of the United States Army for their love of America, their heroic service, and the great sacrifices that they daily make for freedom. May we never forget the selflessness of their sacrifice, nor the cause for which they defend: a world safe for democracy.

Therefore, I, Rick Perry, Governor of Texas, do hereby declare June 14, 2004,



Army Birthday

in Texas, and urge the appropriate recognition whereof.

In official recognition whereof, I hereby affix my signature this 28th day of May, 2004.

Rick Perry
Governor of Texas

440th Blood Detachment sponsors blood drive



Photo by Esther Garcia

The 440th Blood Detachment, Special Troops Battalion, is helping prevent blood shortages this summer by sponsoring a blood drive. The blood mobile unit was on hand at Stanley Road last week accepting blood donors. Twenty-seven blood units were collected during the blood drive. If your unit or organization would like to hold a blood drive, call the Akeroyd Blood Donor Center at 295-4655.

Help prevent summer time blood shortages, donate

The Akeroyd Blood Donor Center needs more blood drives during the month of June and July. We have entered the “101 days of Critical Giving.” During this time, blood donations become critical but the need for blood products increase.

We are working closely with other military donor centers to make sure we have enough blood at the right time and in the right place, but this means getting everyone involved.

Our target population is: Active Duty, Reservists, National Guard from all services, their family members, retirees, veterans, and DoD civilian employees.

Remember to invite your family members (must be at least 18 years old) and retirees. As service members deploy, blood donations by our family members and retirees will be critical for a safe, reliable resource.

No blood drive can be too small some is always better than none! If you are ineligible to donate, help us by sponsoring a drive.

For information, call Mark T. Salcedo, Armed Services Blood Donor Recruiter Akeroyd Blood Donor Center, Brooke Army Medical Center at (210) 295-4655 or e-mail at mark.salcedo@cen.amedd.army.

Army Family Team Building Level I Classes June 12, 8:45 a.m. - 3 p.m.

Roadrunner Community Center

Class Schedule

8:45-9 a.m.	Welcome/Introductions
9-9:40	Family and Military Expectations 1.05
9:40-10:10	Impact of the Mission on Family Life 1.06
10:10-10:20	Break
10:20-11	Military Terms, Acronyms, Customs, and Courtesies 1.01
11 a.m.-Noon	Intro to Military and Civilian Community Resources 1.03
Noon-12:10	Working Lunch
12:10-1 p.m.	Basic Problem Solving 1.07
1-1:30	The Chain of Command and the Chain of Concern 1.02
1:30-1:40	Break
1:40-2	Supporting Your Childs Education 1.08
2:00-2:50	Benefits, Entitlements, and Compensation 1.04
2:50-3 p.m.	Presentation of Certificates

Note: Bring your lunch full kitchen is available, drinks will be provided. To register call, 221-2705/2418, or visit the AFTB Officet, Bldg. 2797, Roadrunner Community Center. Registration deadline is June 11.

Work to control lead-based paint exposure for post residents continues

By **Eddie Pike**
Special to the News Leader

The Public Works Business Center is once again meeting modern day challenges by reducing on-post resident’s exposure to lead-based paint. Numerous projects during the mid to late 1990’s all but eliminated potential problems related to asbestos containing materials in older post housing.

Since December 1999, 68 buildings in the Harris Heights housing area have undergone extensive exterior refurbishment and 30 more are scheduled for similar treatment during the coming year. The on-going project includes asbestos abatement, replacement of deteriorated wood, and the application of a special coating

specifically formulated to encapsulate lead-based paint. The project was designed to mitigate potential lead-based paint hazards and enhance the quality of life for residents. The work will also extend the life expectancy of the homes in that area. Nine homes in other areas of the post have been treated and 10 others are programmed for similar work in the near future.

Prior to 1978, lead was in common use in most interior and exterior paints. Since Watkins Terrace was constructed in the mid-1990’s, it is the only on-post housing that does not have LBP.

The on-going effort to mitigate potential LBP hazards inside post housing is also making steady progress. There are currently three different methods used to

do interior LBP mitigations, depending on the situation. The most common method occurs between occupancy maintenance, when the unit is empty. The second method is performed by either PWBC crews or by a contractor, when LBP exposure areas are less than two square feet. Areas larger than two square feet require displacement of the family while a licensed abatement contractor moves in and remedies the problem area.

The mere presence of LBP in a home or any other building does not present a danger to occupants as long as it is maintained in good condition. Housing residents play an important role in reducing the risk of lead exposure in their homes. Each new resident is given a copy of the pamphlet, “Protect Your Family from Lead in Your Home,” when they sign for housing. By following the instructions in the pamphlet, they will better understand what to do should

they encounter a potential LBP problem. Additional copies of the pamphlet are available at the Housing Office in building 367. When a resident sees that paint is beginning to chip, flake or peel, they should immediately contact the PWBC Service Call desk at 221-3144 to request assistance. It is important that occupants cooperate during the mitigation process by being prepared to temporarily relocate, if interior work is necessary. Residents are also responsible for relocating their personal items from outside areas before the contractor begins work.

Soldiers who reside off-post are also given an LBP Disclosure Letter and a copy of the pamphlet to better inform them about possible LBP hazards. It is estimated that approximately 75 percent of all homes constructed prior to 1978 have LBP on interior and/or exterior surfaces. The major thing to remember is that LBP is not considered an imminent danger as long as it is maintained in good condition.

Fort Sam Houston joins National Night Out, Aug. 3

The Fort Sam Houston Military Police will host the annual crime prevention National Night Out, Tuesday, Aug. 3. National Night Out is a nationwide crime prevention activity designed to heighten crime prevention awareness; generate support for, and participation in, local anti-crime prevention programs; strengthen neighborhood spirit and police community relations; and send a message to criminals that our neighborhoods are organized and are fighting back against crime. Thanks to the community support last year, Fort Sam Houston placed in the top three in the military category.

Fort Sam Houston residents interested in participating in this

event are encouraged to call the Crime Prevention Section at 221-9686 for more information.

Registration forms are available at the Provost Marshal’s Office, Bldg. 2250 and in the Fort Sam Houston News Leader. The registration form can be faxed to the military police at 221-9173 (Attention Linda Furlow). Once you are registered for a party, we will arrange for officers and other community leaders to visit your party to meet you and your neighbors on Aug. 3 at your block party.

Source: Law Enforcement Command new release.

NATIONAL

NIGHT

OUT®

America's Night Out Against Crime

Yes, I want to be involved in National Night Out on Tuesday, August 3, 2004. Please register me for the following:

☐ I will host a block party.

Name: _____

Address: _____

Zip: _____

Phone: _____ E-Mail: _____

Location of Party: _____

Time: _____ Begin _____ End _____

Please complete and return by July 1st to the Fort Sam Houston Military Police, ATTN: Crime Prevention, 2404 New Braunfels Avenue, Bldg. 2250, Fort Sam Houston, Texas 78234 or Fax 221-9173. For more information call Linda Furlow, 221-9686 or email at linda.furlow@samhouston.army.mil.

Please contact the Crime Prevention Section at 221-9686 if you must withdraw from any of the activities.



Photo by Rudy Flowers
Congratulations to the members of the Veterinary Corps who celebrated their 88th anniversary during a ceremony at the Army Medical Department Museum recently. Capt. Mary Hayes, the youngest Veterinary Corps officer cuts the anniversary cake with retired Brig. Gen. Charles Elia and Col. Clyde Hoskins, the most senior retired and active officers.

Blood is the fluid of life

The BAMC Blood Bank is running critically low of O Negative blood.
Akeroyd Blood Donor Center is reaching out to you for your support to accomplish a mission for life.
Contact the Donor Center to lend a helping hand. To donate blood now, call the Akeroyd Blood Donor Center at 295-4655 or 295-4989.



187th Medical Battalion project supports Soldier Family Assistance Center



Photo by Phil Reidinger
1st Sgt. Darryel Johnson helps a customer unload groceries. Members of the 187th Medical Battalion worked all day on Friday to raise funds for post activities assisting Soldiers assigned to the Brooke Army Medical Center Medical Hold Company.

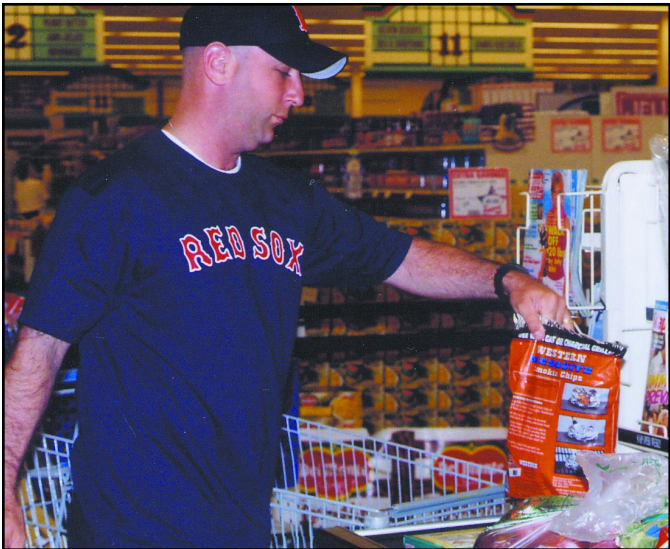
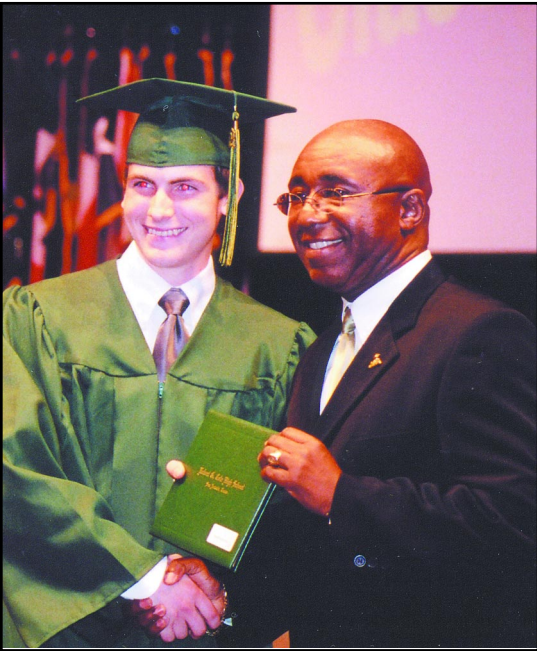


Photo by Phil Reidinger
Sgt. 1st Class Richard Silvia helps customers place groceries on the checkout line. Silvia was one of many 187th Medical Battalion leaders who worked as baggers for the day. The Fort Sam Houston Commissary allowed the battalion to work line #2 to support the special project for wounded Soldiers undergoing treatment and rehabilitation at Brooke Army Medical Center.



Photo by Phil Reidinger
Capt. Christopher Flaugh and 1st Lt. Erin Christie from B Company, 187th Medical Battalion bag groceries at Line # 2 for customers on Friday.

Cole’s Class of 2004 earns 2.6 million in scholarships



Courtesy photo
Senior Tim Allen is all smiles as Fort Sam Houston ISD Board of Trustees President Keith Toney presents him with his high school diploma.

By Dr. Gloria Davila
Associate Superintendent

The 70 graduating seniors in the Robert G. Cole High School Class of 2004 were honored in ceremonies held May 29 at Trinity University’s Laurie Auditorium. An outstanding class, the graduating seniors generated a total of \$2,645,933 in scholarship offers.

After the Senior Class entered the auditorium in a formal graduation procession, members of the Cole JROTC Cadets posted the colors and Billy Dewane Collins, Cadet Captain, JROTC C Company Commander, led the audience in the Pledge of Allegiance.

Salutatorian Amanda Jo Collyer, Senior Class President William Garrett Whittaker, and Student Council President/Valedictorian Brandon Cole Childers presented a pictorial tribute to the Senior Class entitled “The Past, Present, and Future” that celebrated its multifaceted personality, variety of experiences, and numerous accomplishments.

One of the evening’s highlights occurred when Fort Sam Houston Independent School District Board of Trustees President Keith Toney accepted Cole Principal Dr. Roland Rios’ certification that the seniors assembled had met all state and district requirements for a high school diploma and declared them graduates of Robert G. Cole High School.

Senior Class Secretary Coleinette Mariela Smith thanked members of the Senior Class’ parents, families, and Cole faculty for their help and support during their high school career. Senior Class President William Garrett Whittaker presided over the class’ formal tassel turn, signifying that the seniors were now high school graduates.

Cole’s Senior Class had a total of 17 honor graduates who were presented their honor graduate medals by their parents. These seniors are accorded the honor of wearing a gold graduation robe.

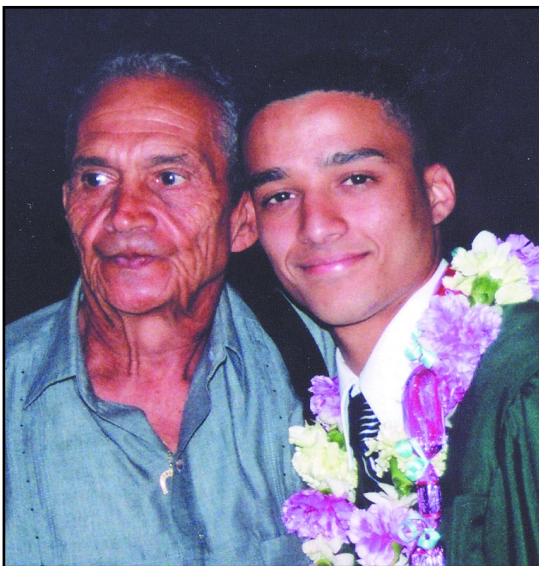
Earning Summa Cum Laude graduate status were two students: Brandon Cole Childers and Amanda Jo Collyer. These students maintained a grade point average of 100 or above for grades 9-12.

Three students earned Magna Cum Laude honor graduate status: Charissa Ngar Lai Kahiwalani Kahue, Ashley

Elizabeth Mullins, and William Garrett Whittaker. These students maintained a grade point average of 96 to 99 for all classes taken during their four-year high school career.

Twelve Cole students graduated with Cum Laude honors, which is a distinction earned by those students who maintain a grade point average of 90 to 95 for all classes taken during their high school career. Cum Laude graduates included Lisa Marie Ahrens, Dorinda Mary Mekel DeGroff, Jovan Emily Ebalaroza, Ciara Michelle Goodwin, Michael James Gresenz, and Sean Robert Greszler. Also earning Cum Laude honors were Vanessa Eileen Medina, Drew Alan Rozanc Meilinger, and Jared John Morris. Additionally, David Wesley Parker, Mallory Jo Plasentillo, and Chandler Jason Webb-Allen attained this special distinction.

Faculty sponsors of the Senior Class were Tina Guerrero, Rita Hansen, Elizardo Hernandez, Nancy Hildenburg, retired Lt. Col. Bob Hoffmann, and Jackie Stott. Coordinating the graduation ceremonies were Cole administrators Dr. Roland Rios, Susan Hawkinson, and Burnie Roper, as well as counselors Juliana Coffey and Victoria Wood. Dr. Dee Dee Lewis, Special Education Coordinator, also assisted.



Courtesy photo
Cole 2004 graduate Jose Burgos gets a congratulatory hug from his grandfather Jose Burgos after the graduation ceremony.



Courtesy photo
From left, (Back row) Barry Johnson-Rivera, Amanda Jeter, (front row) Ashley Lane, and Krystal Ann Hoggard walk down the steps to participate in the Cole 2004 graduation ceremony.

Family Readiness Group Leadership Team Workshop

Friday, June 18, 8 a.m. to 4 p.m.
Roadrunner Community Center

This workshop is open to all units on the installation whether or not you have an FRG. The purpose is to provide standardized training to unit commanders, first sergeants, family member FRG leaders, and any other unit representative with an interest in family readiness.

The material presented in the workshop is from the Operation READY program developed by The Texas Cooperation Extension of Texas A&M University under contract with Headquarters, Department of the Army, Community & Family Support Center, and Army Community Service.

Agenda	
8 – 8:15 a.m.	Registration
8:15 – 9:30 a.m.	Introduction/FRG Overview/Getting Started
9:30 – 9:45 a.m.	Break
9:45 – 10:45 a.m.	Running the FRG – Money Matters - JAG
10:45 – 11:30 a.m.	Leadership for Effective FRGs
11:30 – 12:15 p.m.	Lunch
12:15 – 1:15 p.m.	Building Your FRG – Volunteers – Making Contact
1:15 – 2 p.m.	Running the FRG – Communications
2 – 2:15 p.m.	Break
2:15 – 2:45 p.m.	Running the FRG –Special Events
2:45 – 3:30 p.m.	The FRG – Bringing it All Together
3:30 – 3:50 p.m.	Workshop Wrap-up
3:50 – 4 p.m.	Certificates

Pre-registration is required and class size is limited. For reservations and more information, call the Mobilization & Deployment Office in ACS at 221-0946.

The next scheduled workshop is July 16.

Army Community Service Family Advocacy Program Class Schedule

June 2004

Class Title	Date	Time
Anger Management Awareness	16	11 a.m. – 12:30 p.m.
Basics of Breastfeeding	16	10:30 a.m. – Noon
Beyond Your First Baby	24	8 a.m. – Noon
Boys Only!		
Ages 6-8	23	10 – 10:30 a.m.
Ages 9-10	23	10:30 – 11 a.m.
Building Effective		
Anger Management Skills (5-6)	3 & 10	11 a.m. – 12:30 p.m.
New Series 1-2	17 & 24	11 a.m. – 12:30 p.m.
(B.E.A.M.S.) Evening Classes (Series 1-4)	8, 15, 22 & 29	6 – 7:30 p.m.
Commanders Training	24	8 – 9:30 a.m.
Conflict Management	14	11 a.m. – 12:30 p.m.
Getting Ready for Childbirth (Series 1-3)	10 & 17	9 a.m. – Noon.
Saturday Marathon	26	9 a.m. – 5 p.m.
Girl Talk!		
Ages 9-10	19	9:30 – 10 a.m.
Healthy Pregnancy	21	1 – 4 p.m.
Helping Us Grow Securely	15, 22 & 29	9 – 11 a.m.
(H.U.G.S.) Playgroup		
Parenting with Love & Logic (ages 0-12)	10, 17 & 24	9 – 11:30 a.m.
Evening Class (Series 1-4)	15, 22 & 29	6 – 7:30 p.m.
Stress Management I & II	15 & 22	1 – 2 p.m.
You & Your Baby	23	8 a.m. – Noon
Your Teen & Anger	26	10 a.m. – Noon

To register or for information, call ACS Family Advocacy Program at 221-0349/2418.

DoD, Postal Service announce ballot initiative

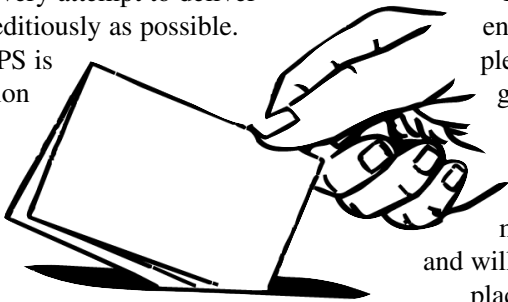
The Department of Defense and the U. S. Postal Service are launching a series of initiatives intended to expedite the delivery of absentee ballots to U. S. military personnel abroad for this year’s general election.

Postal employees at the local level will contact each of the approximately 3,000 county election offices throughout the country to coordinate the mailing of absentee ballots. County election officials are currently accepting voter registrations and requests for absentee ballots. Once ballots are prepared for mailing, local post offices will facilitate the initial mailings of ballots via overnight Express Mail to the three military gateways (San Francisco, Miami and New York). This will take place approximately 30 to 45 days prior to Election Day.

After the initial ballot mailings, remaining ballots will be expedited on a daily basis from local post offices to military gateways. USPS will determine the number of ballots per location at the gateways, sort by destination, and then place in specially marked containers providing visibility to give the highest priority while being transported to their destination.

The Military Postal System will then take over to ensure that ballots are given priority handling at overseas destinations and will

make every attempt to deliver as expeditiously as possible. The MPS is a division of the DoD and operated as an extension of the USPS.



The MPS will ensure each completed ballot is given a proper, legible postmark at the time of mailing and will also place ballotting materials

containers to ensure they are given priority in transportation back to the USPS gateways. The ballots will then be given priority processing for delivery back to county election officials.

This ambitious initiative is intended to give every service member the opportunity to vote so that his or her ballot can be counted.

FSH Newcomers’ Extravaganza June 29

The Garrison Commander invites all Fort Sam Houston residents, especially newcomers to the Fort Sam Houston community, to a Newcomers’ Extravaganza, June 29, 9 a.m. at the Roadrunner Community Center, Bldg. 2729.

Everyone- - Soldiers, civilians, and family members will have an opportunity to learn about Fort Sam Houston and San Antonio and participate in drawings, registrations, and social activities.

This Extravaganza is the official “Newcomers’ Orientation” for Fort Sam Houston. Commanders and

supervisors are encouraged to allow Soldiers and civilian employees administrative time to attend. Children are welcome. Strollers are available and special treats will be provided.

Attendance to the Newcomers’ Extravaganza is mandatory for all incoming permanent party Soldiers in rank of lieutenant colonel and below within 60 days of their arrival here.

For additional information, call the Army Community Service Relocation Program at 221-2705/2418.



Courtesy Photo
Public Works recently held a combined retirement ceremony to recognize a group of employees whose combined years of service totaled 880 years.

Summer work hours for FSH school district posted

The Fort Sam Houston Independent School District Administrative Office will observe summer work hours now through July 23. The district’s Administrative Office will be open Monday through Thursday from 7:30 a.m. to 5 p.m., and will be closed on Fridays. Regular hours will resume July 26.

Fort Sam Houston Elementary School will observe summer work hours now

through June 24 and will be open Monday through Thursday, from 8 a.m. to 4 p.m., and will be closed on Fridays. The school office will be closed from June 24 through July 25, reopening on July 26.

Robert G. Cole Jr./Sr. High School will be open now through June 11, Monday through Friday from 7:30 a.m. to 4 p.m. Beginning June 14 through June 24 the high school

will be opened Monday through Thursday from 7 a.m. to 4:30 p.m., and will be closed on Fridays. The school office will be closed from July 1 through July 30, reopening on Aug. 2.

The Military Coop, which provides special education services for Lackland, Randolph and Fort Sam Houston school districts, will be open Monday through Friday from 7:30 a.m. to 4:30 p.m. until July 2. The

coop office will be closed July 5 through July 28.

The first day of school for Fort Sam Houston students will be Monday, Aug. 16. Registration for students in grades Pre-Kindergarten through sixth grade will be at Fort Sam Houston Elementary School July 29 and July 30 from 8:30 to 11 a.m. and 1 p.m. to 3:30 p.m. Elementary students may meet their teachers

during an open house on Aug. 13 from 3 to 4 p.m.

Registration for Robert G. Cole Jr./Sr. High School students will be held Aug. 5 for 7th and 10th grades, Aug. 6 for 8th and 11th grades, and Aug. 9 for 9th and 12th grades. Orientation for seventh, eighth and new high school students will be held Aug. 12 at 6:30 p.m.


Source: FSHISD office.

Friends don't let friends



ride without a safety helmet.

Nearly **75%** of all cycling deaths are due to head injuries.



Department of Veteran’s Affairs and Troy University launch new program to educate employees

The Honorable William H. Campbell, assistant secretary for Management, Dept. of Veteran’s Affairs, and Dr. Jack Hawkins, Jr, Chancellor of Troy University, signed a memorandum of understanding today to recognize the launching of a College Degree Pilot Program for the Veteran’s Affairs Office of Acquisition.

This unique program is designed to provide continued education for this workforce that not only meets the mandatory coursework, but also offers the associate and baccalaureate degree as part of Troy’s Applied Science Degree Program, making the Veteran’s Affairs Department the first federal agency to move towards meeting and exceeding the education requirements of the Clinger-Cohen Act of 1996.

“I think it is incredibly admirable that, as the second largest of the 15 cabinet departments, the Veteran’s Affairs Department has not allowed its size to limit its ability to innovate,” says Hawkins. “Troy is fortunate to join the Department of Veteran’s Affairs in setting the precedent of making an educational investment in each of its Acquisition Workforce employees. This effort also, by its very nature, can only benefit the effectiveness of this dedicated group, motivated to serve our nation’s veterans.”

The ceremony also included special remarks by David Derr, Veteran’s Affairs deputy assistant secretary and Don Coleman, Veteran’s Affairs director of Acquisition Training and Career Development. Dr. Susan Aldridge,

Troy’s vice president of University College, was also on hand to show her support for the new program.

Troy, with nearly 120 years of experience in over 58 sites, located in 17 states and eleven foreign countries, offers associate, bachelor’s, master’s and education specialist degrees to traditional age students, military personnel and established working professionals. Recently rated in Money Magazine as one of the 25 best college buys in the United States, Troy combines higher education values with cutting-edge technology to offer a unique blend of options and flexibility through its traditional and nontraditional campus environments, off-campus on-site classes and distance learning courses via the Internet. For additional information on Troy, visit www.troyst.edu



Courtesy photo
The Honorable William H. Campbell, assistant secretary for Management, Department of Veteran’s Affairs, and Dr. Jack Hawkins, Jr., Troy University Chancellor, sign the memorandum of understanding to recognize the launch of a College Degree Pilot Program.

Top NCOs from Ecuador's Army visit AMEDDC&S and NCO Academy



Sgt. 1st Class Steven M. Ford, administrative supervisor, USARSO Command Group, briefs Ecuadorian delegation on his responsibilities.

By Robert Appin
U.S. Army South Public Affairs

U.S. Army South recently hosted the Sergeant Major of the Army of Ecuador

and top non-commissioned officers from Ecuador here.

USARSO Command Sgt. Maj. Daniel R. Wood, who hosted the visit, ensured that these top NCOs left with what they needed for their future academy.

This group of distinguished visitors was seeking answers to have the best Army NCO Academy in Latin America.

Sgt. Maj. of the Army of Ecuador, Jose Tulcazana stated, "We came to the country that we know has the best Army in the world to find out what it takes to have great NCOs."

The delegation obtained what they wanted. They received briefings from the Army Medical Dept. NCO Academy, the 187th Medical Battalion and the 232nd Medical Battalion, who train Soldiers in Army medical specialties.

Command Sgt. Maj. Paul Mathsen, commandant, NCO Academy, gave a detail explanation of its mission, courses studies,

organizational structure as well as the curriculum.

187th Medical Battalion Command Sgt. Maj. Jackie McFadden, provided not only the battalion's mission and the technical support received from Army Medical Dept. Center and School, but also explained the challenges encountered by drill sergeants and new Soldiers.

McFadden told the delegation, "The main challenge is instilling the Army values to the new Soldier and the transition of a Soldier to a rifleman first under the warrior's ethos concept." McFadden was referring to General Peter J. Schoomaker, Chief of Staff of the U.S. Army, comment that "The warrior ethos refers to the professional attitudes and beliefs that characterize the American Soldier."

Sgt. Maj. David J. Litteral and Staff Sgt. Martha A. Chavez, 232nd Medical Battalion, not only explained requirements and evaluation methodologies for combat medics, but also took the delegation to the simulation lab.

"We took them to our lab of simulated mass casualties with trauma related injuries," said Chavez. The lab is the closes experience to a combat field. It has mannequins simulating seriously injured Soldiers, cries for help in the background and is dark with flicking lights activated by war sounds.

At the conclusion of the 232nd Medical Battalion briefing, Tulcazana highlighted the importance of a combat medic saying, "It is better to be a live hero then a dead one."

The last briefing concluded with a round-table discussion with the participation of USARSO senior NCOs of each section followed by a command briefing that explained USARSO's mission.

By the end of the week, Tulcazana stated that with the information obtained from all the various briefings they plan to create a robust NCO corps.

"We have to make institutional changes in the army (Ecuador) in order to have professional soldiers and create future leaders," said Tulcazana. This statement was put in a different perspective yet underscoring the need for more professional NCOs in USARSO's area of responsibility.

"The more professionalized the Ecuadorian soldiers, the stronger and more stable our hemisphere," stated Wood.

The Ecuadorian Army NCO Academy should be built this year and will be home to 200 students, according to Tulcazana.

Photos by Donald Beardslee and Raymond Turner



Sgt. Maj. of the Army of Ecuador, Jose Tulcazana receives a detail explanation from Staff Sgt. Martha A. Chavez about the combat medic's life-saving skills.



From left to right Sgt. Maj. of the Army of Ecuador, Jose Tulcazana, Sgt. 1st Class Jose M. Olivieri, Command Sgt. Maj. Daniel R. Wood, and Master Sgt. Florentino Saavendra from Ecuador listen to comments by USARSO senior NCOs.



Sgt. Maj. Jose Lopez presents Sgt. Maj. of the Army of Ecuador, Jose Tulcazana a memento on behalf of U.S. Army South.

USARSO family moves into state-of-the-art headquarters

Continued from Page 1

cer-in-charge of the physical move of the USARSO staff sections.

“We moved several tons of equipment and boxes of materi-

al to the new building during a span of five weeks,” said Sanchez. “It took us several months of prior coordination with the contractors as well as the staff sections to synchronize

the move,” Sanchez added. Coordination and synchronization were key ingredients that ensured that the majority of the USARSO employees were happy in their new offices.

Martiza E. Santiago, administrative support assistance, deputy chief of staff operation, aviation division, summarized her feelings succinctly, “I am simply in love with my (new) office.” Santiago’s comment was echoed by fellow colleagues.

Erika Holmes, secretary, deputy chief of staff for logistics, stated “I am especially happy; everything is new. I have a good work area and understand that it is not 100 percent finished but, it is our new home and as new homes, there are always details that need to be completed.”

Ivonne L. Walcott, budget analyst, deputy chief of staff for resource management, said, “The new office is very nice. The only problem I am

encountering is access to my (work) area.”

Many staff sections were involved in the preparation for the move. Some of these key players were the deputy chief of staff for information management and deputy chief of staff for intelligence’s security office.

Lt. Col. Raymond C. Rembish, assistant deputy chief of staff for information management stated, “The new headquarters facility provides state-of-the-art communications and automation capabilities that leverage the power of information technology and provide global connectivity to units deployed throughout Latin America and the Caribbean regions.”

Although the move is complete there are nevertheless adjustments that must be made.

Lucy Ortiz, command security manager, acknowledged that there were still minor details being corrected on the personnel access to the various sections within the new building.

Keith S. Plum, chief, C4

architecture division, deputy chief of staff for information management, stated, “The current communications and automation situation in our recently occupied headquarters building is an initial operating capability. We will continue to improve and expand these information systems until we reach our objective C4 architecture by the end of this summer.”

U.S. Army South relocated to Fort Sam Houston from Fort Buchanan, Puerto Rico in July 2003.

Building 1000 was closed in 1996 following the construction of the new Brooke Army Medical Center. The construction of the hospital took place between 1935-1937 and served as a premier medical center through 1990. It was placed in the National Register of Historic Places on December 1, 2001.



Photo by Sgt. Jan M. Allende
Maj. Dave R. Bruett reviews layout of facility.



Photo by Sgt. Jan M. Allende
USARSO employees and contractors determine where to put equipment.



Photo by Sgt. Jan M. Allende
Deputy Chief of Staff for Operations' personnel review packing list.



Photo by Sgt. Jan M. Allende
The Old BAMC, formerly known as the Brooke Army Medical Center, was closed in 1996. The construction of the hospital took place between 1935-1937 and served as a premier medical center through 1990. It was placed in the National Register of Historic Places on December 1, 2001

Record temperatures send hundreds to FSH Recreation Area at Canyon Lake



Staff Sgt. Kelly Watson barbequed some good food for his friends and coworkers during the Post Anesthetic Care unit picnic held at Canyon Lake on Saturday.

Story and photos by
Alexandra Nordeck
Special to the News
Leader

Hundreds flocked to the Fort Sam Houston Recreation Area at Canyon Lake this weekend to escape the heat and enjoy the many summer activities.

Temperatures reached a high of 93 degrees on Saturday and 91 degrees on Sunday, according to the weather channel, sending residents to the cool water at the lake.

Many enjoyed the Canyon Lake

Recreation Area with family and friends. Dave Vanlaar took his visiting mother, Barba Vanlaar for a ride on a jet ski. Dave visits the recreation area often during the summer months and says it a great place to enjoy the weekend. Other water activities included swimming, fishing and boating. There is a full service marina, which rents pontoon boats, kayaks, canoes, water tricycles and a variety of other water recreation equipment.

In addition to water activities, the recreation area rents covered pavilions and group picnic sites for family reunions, birthday parties or unit gatherings. One unit, Post Anesthetic Care, held a barbeque under

one of the pavilions last weekend.

Amenities also include mobile homes and screened cabanas for overnight rental. The recently remodeled three bedroom mobile homes are equipped with TV/VCR, microwave, dishes, silverware, cooking utensils, linens, a picnic table and barbeque grill. The cabanas include a covered pavilion with a barbeque grill, picnic table, ceiling fan, refrigerator, microwave, water and electricity.

Lakeside and woods camp sites are also available, as well as a 33-site RV park with water and electric hook ups.

For information visit the Web Site at www.fortsamhouston-mwr.com. The recreation area is located off North I35. Take exit 191 (Farm



Dave Vanlaar takes his visiting mother, Barba Vanlaar for a ride on a jet ski on Canyon Lake.

road 306) continue 17 miles until you see the sign for Fort Sam Houston Recreation Area. Take a left on Jacob Creek Park Rd.

and the center is 1/2 mile on the right. Hours of operation are Sunday-Thursday: 8 a.m.-6 p.m. and Friday-Saturday: 8 a.m.-8 p.m.



Photo by Esther Garcia

Students visit 232nd Med. Bn.

Students from Boerne Area Christian Home School touch and feel the life-like responses from the Human Patient Simulator as Capt. Chad Garrett, 232nd Medical Battalion, explains how the mannequin is used as a tool during the 91W training. The students also visited the AMEDD Medical Museum and lunched at the post exchange.

John J. McCarthy Clubhouse now open to the public



The John J. McCarthy Golf Clubhouse located on Harry Wurzbach Highway features two 18-hole championship courses, La Loma and Salado Del Rio. In addition, it features the Mulligan’s Snack Bar and Pro Shop.

Story and photos by Karen Waters
Special to the News Leader

The Fort Sam Houston Golf Club is now open to the public. All the citizens of San Antonio may now play at Fort Sam Houston Golf Club without a sponsor.

“Since the war began we have had open tee times go unused. Opening the courses to our neighbors in the community will help us fill those unused slots,” said Richard Bartel, general manager of the FSH Golf Club.

The facility features two 18-hole championship golf courses, the La Loma and the Salado Del Rio. Both courses

present excellent challenges for golfers of all skill levels.

Opened in 1935, the La Loma course was designed by the famous golf course designer, A.W. Tillinghast. Fort Sam Houston has the only military golf course that has hosted a PGA event. The Texas Open was played at FSH twice; won by Gene Littler in 1956 and the legendary Arnold Palmer in 1960. The Salado Del Rio course, which was opened in 1977, was recognized in 2001 as one of the top ten military courses worldwide.

The Golf Club offers private lessons, specialty clinics, a junior golfers program and approximately 14 golf tournaments

per year. The club features a chipping green, lighted driving range, rental clubs, private cart storage, and 175 rental carts.

Mulligan’s Snack Bar is open daily at 6:15 a.m. and remains open until dusk. Mulligan’s features a breakfast buffet on the weekends and offers daily breakfast and lunch specials in addition to the made to order grill service.

The 20,000 sq. ft. John J. McCarthy Clubhouse is available for special functions and provides a full banquet service t your next event a delightful occasion not soon forgotten. For information, call the Golf Club Catering Department at 221-5675.

Active duty service members and their family members will remain top priority for reserving tee times. All other golf club members will be priority two and non-DoD civilians will be priority three.

The current tee time police will remain the same for Fort Sam Houston Golf Club members. Tee times for all others may be reserved one day prior to the day of play. Tee times will be given for parties of two or more by calling 222-9386. Walk-ons are always welcome with the exception of Saturday and Sunday between 8:30 and 11:30 a.m., when both courses are

full. The stand-by procedure is first come, first serve.

Our team of golf professionals at the Pro Sop is always available to serve all your golfing needs featuring instructional clinic, the lasts golf equipment, specials orders, club repair and apparel for men and women.

Twilight green fees are available all day on Monday, Tuesday and Wednesday and after 1:30 p.m. on all other days, no reservations are necessary, and again walk-ons are always welcome.



The FSH Golf Club Pro Shop offers patrons the latest golfing equipment, special orders, club repair and the latest styles in men’s and women’s golf apparel.

By Lisa Young
U.S. Army Center for Health
Promotion and Preventive Medicine

The patient often has a feeling of an immense tiredness that is overwhelming and is frequently accompanied by significant impairment in learning and memory to the extent that quality of life is affected. A study in the *Journal of Psychosocial Nursing and Mental Health Services* described patients as

What treatment is there for CFS? There are few known effective therapies for treating CFS. Treatment is symptom-

A study reported in *Clinical Psychiatry News* in March 2003 stated that some subgroups responded to an antidepressant with improvements in headaches and muscle aches. Other groups benefited from yoga with a significant improvement in fatigue, and others demonstrated a placebo effect if they believed their fatigue had a psychological component.

Existing studies on prevalence of the illness suggest that it may be as common as 200 to 400 cases per 100,000 of the general population. It is more

- Health-care providers need to recognize that they can help CFS patients.

June Health Promotion Center Class Schedule

Subject	Date	Time
Self Care & Health	10	9-11 a.m.
Breastfeeding Spt. Grp.	11	1-2:30 p.m.
Cholesterol & Lipids	14	8:30-11:30 a.m.
Diabetes Education	14	12:45-4:30 p.m.
Arthritis	15	9:30-11 a.m.
Office Yoga	15	Noon-1 p.m.
Diabetes Education	15	12:45-4:30 p.m.
High Blood Pressure	16	9 a.m.-Noon
Back Pain	17	2-3:30 p.m.
Body Fat Testing	18	8-11 a.m.
Introduction to Weight Reduction	18	Noon-1:30 p.m.
Breastfeeding Spt. Grp.	18	1-2:30 p.m.
Diabetes Education	21	12:45-4:30 p.m.
Breast Health	22	9-10 a.m.
Diabetes Education	22	12:45-4:30 p.m.
Breast & GYN Cancer Spt. Grp.	22	6-7:30 p.m.
Breastfeeding Spt. Grp.	25	1-2:30 p.m.
Diabetes Education	28	12:45-4:30 p.m.
Diabetes Education	29	12:45-4:30 p.m.
Tobacco Cessation "Readiness to Change"	29	5-7 p.m.

Call 916-3352 to get more information and register today.

Note: Free healthcare classes to BAMC civilian employees and TRICARE beneficiaries.

Post worship schedule

Main Post Chapel, Bldg. 2200, phone number: (210) 221-2754.

Catholic Services:
4:45-5:15 p.m. - Confessions - Saturdays
5:30 p.m. - Mass - Saturdays
9:30 a.m. - Mass - Sundays
11:30 a.m. - Mass - Weekdays

Protestant Services - Sundays:
8 a.m. - Traditional Protestant
11 a.m. - Traditional Protestant

Jewish Services: phone numbers: (210) 379-8666 or 493-6660.
Fridays: 8 p.m. - Worship and 8:30 p.m. - Oneg Shabbat



Dodd Field Chapel, Bldg. 1721, phone numbers: (210) 221-5010 or 221-5432.

Catholic Services - Sundays:
12:30 p.m. - Bilingual Mass
Protestant Services:
5:30 p.m. - Contemporary Protestant - Sundays
10:30 a.m. - Collective Gospel Protestant - Sundays
9:30-11:30 a.m. - Women’s Bible Study (PWOC) - Wednesdays, childcare is provided



AMEDD Regimental Chapel, Bldg. 1398, phone number: (210) 221-4362.

Troop Catholic Mass: Sundays:
10 a.m. - 32nd Medical Bde. Soldiers

Troop Protestant Gospel Services: Sundays:
11:30 a.m. - 32nd Medical Bde. Soldiers
Troop Protestant Service:
9 a.m. - 32nd Medical Bde. Soldiers



FSH Mosque, Bldg. 607A, phone numbers: (210) 221-5005 or 221-5007.
1:30 p.m. - Jumma - Fridays
10:30 a.m. - Children’s Religious Education - Sundays
7:30 p.m. - Adult Religious Education - Thursdays

Brooke Army Medical Center Chapel, Bldg. 3600, phone number: (210) 916-1105.

Catholic Services:
8:30 a.m. - Mass - Sundays
11:15 a.m. - Mass - Sundays
11 a.m. - Mass - Weekdays
Protestant Services:
10 a.m. - Worship Service - Sundays
Noon - Worship - Wednesdays



232nd Medical Battalion Classroom, Bldg. 1380, phone numbers: (210) 221-5005 or 221-5007. **Mormon Services:** 10:30 a.m. - Sundays

Web site:
www.cs.amedd.army.mil/chaplain

VBS begins July 12

Vacation Bible School has finally arrived. This year’s theme is SonGames 2004. Every activity is full of action and camaraderie. They will design team flags, create gold medal crafts, and learn about God through five themes. These are Join In!, Team Up!, Get Strong!, Keep On!, and Celebrate!

Vacation Bible School is open to all children 4 years old through 4th Grade (completed). Your child does not need to attend our chapel to attend. VBS will be held July 12-16 from 6 to 8 p.m. at Dodd Field Chapel.

They’ll learn that God wants everyone to Join In! As they experience the story of the Apostle Paul’s

conversion. Children will want to Team Up! With encouraging friends when they hear how Paul’s friends helped and encouraged him. They’ll find God helps them Get Strong! And do what’s right, as they witness Paul’s obedience as he traveled through Greece. Your team will be inspired to Keep On! Trusting God during tough times, as they watch Paul’s perseverance. Lastly, your team will enjoy seeing Paul reach his goal and will Celebrate! The many good things that God does for the members of His team!

For information, visit the Web site:
<http://www.samhouston.army.mil/chaplain/VBS/>

MWR Youth Happenings

Wanted: Arts and Crafts instructor - Youth Services and School Age Services are looking for an arts and crafts instructor for the summer. This paid position would be for four 50-minute classes Monday through Friday and two 50-minute classes on Saturdays. Ages of the youth range from 6-18 and are all different skill levels. All materials and supplies will be provided but the planning must follow the coordinated schedule of summer camp weeks. If you are interested, call the Youth Center at 221-3502

Aerobics - Youth Services is offering a no cost, low impact aerobics class from 6:30-7:30 p.m. on Wednesday and Thursday. For information, call 221-3502.

Teen Summer Discovery Camp - Registration for the Teen Summer Discovery Camp is going on for youth ages 14

and up. This program is for those who are too old for camp and too young to have a job. During this camp, youth will volunteer at a work site two half days and the other day will hike, swim, and travel across South Central Texas.

This volunteer time in a work site provides job experience for each individual. There will be tubing on the Guadalupe River, swimming in Canyon Lake, trips to career interest areas and lots more. The cost for this camp is \$65 per week and includes breakfast, lunch and a snack. For information, call 221-3502.

‘French Fry Friday’ - Every Friday is French Fry Friday. An order of seasoned or regular fries is 50¢. Come on by and eat with us and support the Youth Center.

Exploring Life for Middle School students - Youth Services offers an after school program for Middle School youth grades 6-9. This program

is held Monday through Friday after school until 6 p.m. YS will pick the child from the elementary or the Jr./Sr. High School and take the child to the Youth Center, provide a snack, work on homework, participate in clubs and participate in fun innovative projects that include the 4-H club, a photography club, a Computer Tech club and others. Work will include areas of interest that both the parents and the students like. This program is free for youth registered with Child and Youth Services at an annual fee of \$18. For information, call 221-3502

Youth Service Volunteers - YS is always looking for volunteers for assisting with the youth programs. Coaches, computer skilled people, crafty people and those that just care about kids are needed. If you have a special interest or hobby that you would like to share with kids, you can share it at the Youth Center. For information, call the Youth Center at 221-3502.

Saturday Open Recreation - Open recreation for youth in grades 1-

12 is held at the Youth Center on Saturdays. Activities include computer lab, arts and crafts, basketball, pool, ping-pong, movies, and more. Youth must be registered with Child and Youth Services to be eligible. For information, call 221-3502. Open recreation hours for youths in grades 1-5, 3-8 p.m.; youths in grades 6-8, 3-10 p.m.; and youths in grades 9-12, 3-11 p.m.

Parents Wanted - Parents are needed at the Youth Center every third Saturday of the month from 6-9 p.m. to join the Youth Center Staff team and play basketball against the teens and middle school students. Parents and staff try to out maneuver the teens and score a few baskets. Come join us in a game or two followed by refreshments.

Tae-Bo - Join the YS staff as they conduct Tae-Bo Classes every Wednesday from 4:30-5 p.m.

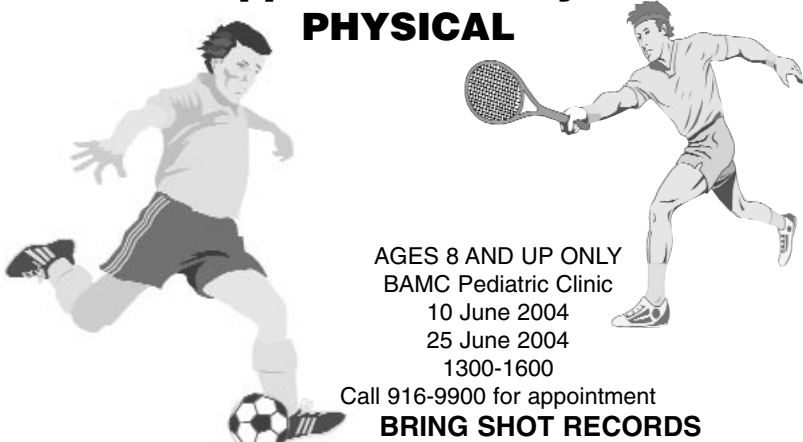
Saturday Shuttle - YS offers a Saturday shuttle to and from the Youth Center. There is no cost for this service but parents of children 9 and under must wait



for the van and sign them in and out of the van with the YS staff member. The Shuttle schedule is as follows:

- 3 p.m. - Leave the Youth Center
 - 3:07 p.m. - Gorgas Circle (picnic tables)
 - 3:10 p.m. - Schofield/Dickman on Schofield
 - 3:15 p.m. - Reynolds and Dickman on Reynolds
 - 3:20 p.m. - Officer’s Club tennis Courts
 - 3:25 p.m. - Artillery Post Road at Bus Stop
 - 3:30 p.m. - Easley/Infantry Post Bus Stop 660
 - 3:42 p.m. - Patch Road (playground)
 - 3:46 p.m. - Patch Road Shoppette Parking lot
 - 3:50 p.m. - Foullois/Scott Road Harris Heights
 - 3:54 p.m. - Forage/Foullois
- The return Shuttle will leave the Youth Center at 7:30 p.m. for those in 5th grade and below. There is also a shuttle that leaves at 9:30 p.m. for those in Middle School and at 10:30 p.m. for those in 9th grade and up. The shuttle service is only for youth who live on Fort Sam Houston.

Now’s the time...
Make an appointment for your child’s
PHYSICAL



AGES 8 AND UP ONLY
BAMC Pediatric Clinic
10 June 2004
25 June 2004
1300-1600
Call 916-9900 for appointment
BRING SHOT RECORDS

‘Star Light, Star Bright’ talented kids to shine June 18

By Ron Joy
Special to the News Leader

Fort Sam Houston’s Youth Services announce the premiere of “Star Light, Star Bright,” which features the Montage Kids and the Rainbow Kids together in a free family show. “Star Light, Star Bright” is free and open to the public and will be presented at 7 p.m. on Friday, June 18 at the Roadrunner Community Center, Bldg. 2792 on Stanley Road on Fort Sam Houston. Visitors without government decals are advised to use the Walters Gate off I-35.

The Montage Kids will present a laugh-in style show called, “Short Circuit.” The program is mixed well with slapstick, comedy, songs, dances and fun for people of all ages. Featured in “Short Circuit” are Heather Fonte, Andrea Howard, Katie McHargue, Curran Moore, Ryan Swanson, Elizabeth Taylor and Megann Taylor.

“Short Circuit” will be followed by the Rainbow Kids as they bring their exciting touring show to town. They are returning to Fort Sam Houston after successful performances at Fiesta, Bulverde Festival and two special performances at Canyon Lake. Their show features songs and dances from the 20s, 40s, 50s, 60s, country and Broadway and is guaranteed to have people up and dancing in the isles.

Featured in the Rainbow Kids are: Giovana (Gigi) Arecchi, Talia Howard, Emily Mazak, Katie McHargue, Liam Merekle, Amanda Miller, Jacquelyn (Jackie) Miller, Perry Moore, Amy Mulkey, Cady Mulkey, Luisa Rodriquez and Ta’Querria Weary.

For more information on the group, Ron Joy can be reached at (830) 980-7786 or (210) 221-1043 or via e-mail at: rj96707@yahoo.com.

Child and Youth Services gears up for summer fun

The 3-Day Part Day Preschool has been placed on hold due to lack of enrollment numbers. For more information or to register, call Central Registration at 221-4871 or 221-1723. Fees range from \$151-\$200 per month and are assessed by calculating total family income.

Family Child Care offers home-based childcare for ages four weeks to 12 years on and off post with certified providers. Types of care are full day, part day, before and after school care, hourly care, and extended hour care and long-term care. Referral information and child registration are available at Child and Youth Services Central Registration, 221-4871 or 221-1723. FCC is looking for family members interested in becoming certified FCC providers to offer home based childcare. There is a no-cost start up plan. For more information, call 221-3820 or 221-3828.

Parent Child Incorporated/Head Start will be closed June 21 to July 6. PCI/Head Start patrons who need care during that time can call Central Registration at 221-4871 or 221-1723.

CYS Parent Advisory Council meeting will be held Tuesday, June 15 from 11:30 a.m. to 12:30 p.m. at the Child Development Center located at 2530 Funtston. Lunch will be

provided. This is CYS parents’ opportunity to learn of upcoming events, meet staff and address concerns.

Bike Rodeo – The School Age Service and Safety, Provost Marshal and Military police will host the annual School Age Service bike rodeo on June 23 from 8 -11 a.m. This event is open to the community and will take place at the School Age Bldg. 1705. Children will be fitted for helmets. For more information, call 221-4466.

The CDC has opening - The Child Development Center has full day immediate openings for ages 2-5. To register call Central Registration at 211-4871 or 221-1723.

Before and After School Care Registration – Central Registration will be onsite for early registration for Before and After School care at the School Age Bldg. 1705. All patrons will need to register, even if currently utilizing School Age Service. July 12-16 from 9 a.m. to 6 p.m. will be early on site registration for Active Duty only. July 19-23 will be for DoD Civilians, Contractors and Active Duty. Don’t delay spaces fill quickly for K-5th grade. Parents will need to provide proof of income and updated shots. For information, call 221-4871 or 221-1723

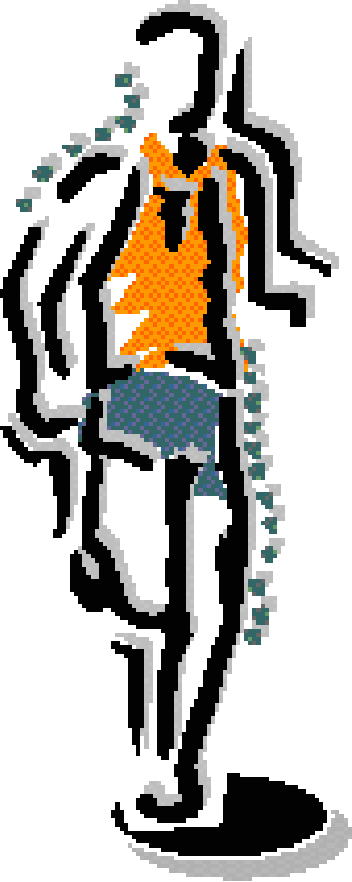
Full Day Care Wait List - If your child’s name is on the Wait List for full day care at the Child Development Center, check your status on the wait list from the day you complete the form; otherwise your child’s name will be purged from the list. To check your status, call Central Registration at 221-4871 or 221-1723.

Instructional Classes - If you are interested in instructional classes such as Tae Kwon Do, Piano, quarterly Babysitter Training or gymnastics, call 221-4882 or 221-4871/1723. For Babysitter training and information, call 221-4871 or 221-1723.

After School and Weekend Open Recreation – School Age Services (K-5th grade) offers After School and Weekend Open Recreation (open recreation available to children in 1st - 5th grade) opportunities and after school hourly care options. Hourly and open recreation must be reserved in advance by calling School Age Services at 221-4466. Children must be registered through Central Registration prior to utilizing the School Age Program. To register, call Central Registration at 221-4871 or 221-1723.

Summer Recreational Opportunities for Youth in 6th - 12th grade – Students seeking summer recreational opportunities should contact Youth Services at 221-4882.

MWR Recreation and Fitness



Fitness Run - The next monthly fitness run/walk will be held Saturday, June 19 at 10 a.m. outside the Jimmy Brought Fitness Center. The event is free and open to the public. Participants receive a T-shirt. For information, call 221-2020.

Father's Day 5K/10K - Join the Father's Day 5K/10K run Sunday, June 20. Dads receive a discount registration fee \$6 until June 18, military \$12, general \$15; after June 18 fee will be \$20 for all. The race starts at 7:30 a.m. from the Brigade Gym. Download a registration form online at www.fortsamhoustonmwr.com or pick one up at the Jimmy Brought Fitness Center.

Aquatic Center now open
The Aquatic Center, located

at 3300 Williams Road, is now open for the summer season. Features include a 50M outdoor pool and three amusement park style water slides. The center is open every day are from noon to 8 p.m., including weekends and holidays. There is no admission fee, and two guests per ID card are authorized. For information or directions, call 221-4887.

Bow and combination hunting permits - Permits are currently on sale at the Camp Bullis Outdoor Recreation Center on Friday and Monday from 8 a.m.- 3 p.m., and Saturday and Sunday from 7 a.m.- 4 p.m. Gun hunting permit will go on sale on Aug. 14. For more information, call 295-7577.

Summer Reading Club - Registration continues for the children's summer reading program at the FSH Library located at Bldg. 1222 on Harney Road. The program is open to children from preschool through eighth grade. Children can read their own books, or check out the

great collection at the library and receive prizes and awards for reading 10 or more books or 1,000 pages or more. The Library is open Wednesday-Sunday: 11 a.m. to 8 p.m. For information, call the library at 221-4702.

Men, Women and Coed Intramural Softball - Letters of intent are due Aug. 2. A coaches meeting will be held Aug. 6, 1 p.m. at the Jimmy Brought Fitness Center. Season starts Aug. 16. For information, call Earl Young at 221-1180.

Intramural Flag Football: Letters of intent are due Aug. 2. Send to Earl Young, 1212 Stanley Rd. Bldg. 124 Ste 20, Fort Sam Houston, TX 78234. A coaches meeting is scheduled for Aug. 5, 1 p.m. at the Jimmy Brought Fitness Center. The season starts Aug. 16. For information, call Earl Young at 221-1180.

Post Soccer Team: Coaches and players wanted. Tryouts are at 6 p.m. Aug 16-20 at Hacienda Field. Coaches send resume to: Earl Young,

1212 Stanley Rd. Bldg. 124 Ste 20, Fort Sam Houston, TX 78234. Players call Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil for more information.

Post Men's Basketball Team - Coaches and players wanted. Tryouts will be held Aug. 30 through Sept. 2 at 6:30 p.m. at the Jimmy Brought Fitness Center. Interested coaches should send a resume by Aug. 15 to: Earl Young, 1212 Stanley Rd. Bldg. 124 Ste 20, Fort Sam Houston, TX 78234. For information, contact Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil for more information.

Post Flag Football Team - Coaches and players wanted. Tryouts will be held Aug. 2-6 at 6 p.m. at Leadership Field. Interested coaches should send resumes by July 26 to: Earl Young, 1212 Stanley Rd. Bldg. 124 Ste 20, Fort Sam Houston, TX 78234. For information, contact Earl Young at 221-1180 or e-mail earl.young@samhouston.army.mil.

MWR Dining and Entertainment

Officer's Club - Father's Day Brunch – June 20, 10a.m.– 2 p.m. \$13.95 Members, \$15.95 non-members, Children 7-11 \$6.95 Children 6 and under with our compliments. Reservations are recommended; call 224-4211. Appropriate attire is required. Enjoy the Lunch Buffet every Monday through Friday from 11a.m.-1p.m. Lunch buffet includes beverage and soup.

NCO Club - TGIF Every Friday - Karaoke and Disco starts at 6 p.m. - Finger foods, no cover charge.

Bring Your Boss Night - Friday, June 25, 4:30 - 8 p.m. International foods will be served. No cover charge! Bingo Thursday and Friday, 6:50 p.m. - Early Bird Start. Doors open at 5 p.m. Saturday, 12:50 p.m. - Early Bird Start. Kids 10 and up may play, when accompanied by an adult. Free buffet for bingo players.

Golf Club - Father's Day Tournament - June 20 at 8 a.m. For information, call 222-9386. Twilight Special on Green Fees - All day Monday through Wednesday and after 1:30 p.m. on

all other days. Visit our lighted driving range open 6:30 to 8 p.m. **Bowling Center** - Buy lunch (\$3 minimum) Wednesday – Thursday, 11 a.m. to 1 p.m. and bowl for free. Soldier Appreciation Day – Saturday, 3 – 7:30 p.m. Bowlers receive free shoe rental and soda.

Harlequin Dinner Theatre – “Bell, Book and Candle,” a romantic comedy by John van Druten is being performed through June 26. For information, call the box office at 222-9694.

Youth and Wisdom Softball Game

- **Leadership Field**
beside the FSH Fire Station
- **1800 hrs**
- **19 June**

Hot dogs and Hamburgers



For More Information:
Call Claudie at
(210) 673-0687

This event is sponsored by the Installation Chaplain's Office and the Men of the Forst Sam Houston Chaneels.



Intramural Softball Standings

June 3				
Team	W	L	W	L
Pool A	Overall			
BAMC	5	1	6	3
Co C Acad Bn	4	2	12	3
5th Army	4	2	7	4
Co B Acad Bn	2	4	6	6
232nd Med Bn	2	4	5	6
DFAS	1	5	1	7
Pool B				
LEC	5	2	6	4
DMRTI	5	2	6	4
NMCRC	4	3	6	5
Fire Department	4	3	5	5
USARSO	3	4	5	6
USAMITC	1	6	1	8
June 2				
Fire Dept	17		USARSO	11
DMRTI	9		USAMITC	7
LEC	12		NMCRC	5
BAMC	13		Co B Acad Bn	9
5th Army	12		Co C Acad Bn	10
232nd Med Bn	14		DFAS	7

Intramural Golf Standings

As of June 2		
Place	Team	Points
1st	USARSO	193.5
2nd	VETCOM	189.5
3rd	BAMC #3	172.5
4th	CSPBO	171.5
5th	*BAMC #1	166
6th	ITBC	158
7th	Bunker Busters	157
8th	IMA	147
9th	Brew Crew	143
10th	CPAC	138.5
11th	Composite	120.5
12th	Academy Battalion	120
13th	GPRMC	115
14th	DFAS	0
*Commander's Cup Rep		

MWR Ticket Office

Circus Ticket Correction - An incorrect time was printed on the Circus Tickets previously purchased at FSH. The correct time for the show is 5:30 p.m. Call Sherrie Villani at 402-6029 to exchange your ticket.

Ticket Available - The MWR Ticket Office currently has Fiesta Texas Splashtown, Schlitterbahn, SeaWorld and Disney tickets. Also now available are tickets for 42nd Street and Dora the Explorer Live at the Majestic. The Ringling Brothers Barnum & Bailey Circus is coming July 1-5! For additional ticket information and prices, call 226-1663.

Que Pasa?



Community events

Fredericksburg Walk/Swim, June 12

The Volkssportverein Friedrichsburg Volksmarch Club will host a 10-kilometer (6.2 mile) walk and optional 5-kilometer walk and a 300-meter swim on Saturday, June 12. The start point for the walk is the Law Enforcement Building, 1601 East Main (Highway 290) in Fredericksburg, Texas. The start for the swim is at the Lady Bird Johnson Municipal Park two miles south of downtown Fredericksburg on Highway 16 (Adams Street). For information, call Becky Lindig at (830) 997-8056 or e-mail her at: ablin@fbg.net.

USAWOA - Lone Star Chapter meeting, June 15

The June meeting of the Lone Star Chapter, U.S. Army Warrant Officer Association will be held on June 15, 11 a.m. to 1 p.m. at the Fort Sam Houston Officer's Club for an Officer Professional Development luncheon. All active duty, retired, Reserve, National Guard and family members of current or former Warrant Officers are invited to attend. For additional information, contact CW2 Matthew Watterson at 295-8773 or at matthew.watterson@us.army.mil.

Vexler Theatre Presents 'A Company of Wayward Saints,' June 17 – July 11

The Sheldon Vexler Theatre is a state-of-the-art, intimate theatre that presents a full season of professional quality plays and musicals for the entire San Antonio Community. The theatre will present "A Company of Wayward Saints" June 17 – July 11. Located at 12500 N.W. Military Hwy. at Wurzbach Parkway. Performances are Thursdays at 7:30 p.m., Saturdays at 8 p.m. and Sundays at 2:30 p.m. No performances on Sunday, June 20 and July 4. A special \$5 preview performance will be held on Thursday, June 17. General - \$15, Seniors 60 plus, Classicard, Military, JCC - \$13, Student, SATCO - \$8. To purchase tickets, make reservations or info., call 302-6835.

Brady, Texas Walks, June 19-20

The Trotting Texas Turtles Volksmarch Club will host two 10-kilometer (6.2 mile) and optional 5-kilometer walks between 7:30 and 11:30 a.m. (finish by 2:30 p.m.) on June 19-20 at the covered pavilion at Richards Park in Brady, Texas. For more information, call Karl or Beverly Kittinger at (254) 547-1403 or e-mail at walkabout@hot.rr.com or check out the club's Web site at: <http://walktexas.org/>.

ACMC Alamo Chapter luncheon, June 24

The Alamo Chapter of the American Society of Military Comptrollers invites all members and non-members to attend June's luncheon. Topics for this month's luncheon include hail and farewell of ASMC officers and a 2004 PDI picture review. The luncheon will be held June 24 at the Gateway Club, Alamo Rooms I and II, Lackland Air Force Base from 11 a.m. to 1 p.m. RSVPs to your respective ASMC VP's NLT June 17. For information, call Wayne Wanner at (210) 221-7029.

Borders Book to offer Civil Service Day discount

Borders Books in partnership with Bank One will offer a special promotion for Civil service employees June 25-27. During these days Civil Service employees will receive a 20 percent discount on most purchases with proper ID card.

Health Protection Conference returns to New Mexico, Aug. 9-12

The Seventh Annual Force Health Protection Conference will return to the Albuquerque, N.M., Convention Center Aug. 9-12, with pre-conference sessions set for Aug. 6-8. For information and registration, visit the U.S. Army Center for Health Promotion and Preventive Medicine Web site conference link at <http://chppm-www.apgea.army.mil/fhp/>.

Volunteer

SHARE seeks host families for international students

Guten Tag! Ciao! Hola! Bonjour! Are just a few ways to say "Hello!" to international high school students. SHARE is looking for host families for international exchange students for the upcoming school year. The students speak English, are covered by medical insurance and have spending money for their personal expenses. Host families provide a bed, meals, as well as friendship, understanding, and a genuine desire to share the American way of life.

Traditional two-parent families (with or without children), single parents or adults, and retired couples have enjoyed hosting one of our bright students. Boys and girls, 15-18 years old from around the world will be arriving in August to attend local high schools for one or two semesters. For informa-

tion call Yvette Coffman at 1-800-941-ERDT (3738) or visit www.sharesouthwest.org.

Cultural Homestay International seeks host families

Cultural Homestay International, a non-profit educational exchange program, has many exchange students waiting to be placed with host families for the upcoming school year. Ideal families should be willing to open their home to the world and accept a new culture into their life. To volunteer, contact Ruth Chislett, CHI Academic Coordinator, at (210) 862-2711 or (800) 777-5724. To learn more about CHI, visit www.chinet.org.

Education

FMEA offers resume workshop, June 16

Family Member Employment Assistance is offering a Resume workshop on Wednesday, 16 June, 9 a.m. to 12 p.m. It is not enough to just have a resume, you need to have the right resume to increase the chances of landing the interview. Reservations are required and seating is limited to family members of active duty service members, retired service members and current DoD civilians. For more information, call Pat Fory at 221-2705 or Katja Lunsford at 221-0427.

DMRTI to host course, June 21-25

The Defense Medical Readiness Training Institute will host the Homeland Security Medical Executive Course at the Hilton Austin Airport in Austin, Texas. Course information is available at www.dmrty.army.mil.

Accessing Resumix Workshop, June 22

Attention U.S. Army Garrison employees, the next Accessing resumix Workshop is scheduled for June 22 from 8 to 9:15 a.m. Classes are by reservation only and limited to eight per class. For reservations or information, call 221-2276.

Financial Readiness services available at ACS, June 22

Financial Readiness is offering a class on Personal Financial Management on June 22, 2 to 4 p.m. This class includes important information on budgeting, credit, banking and financial responsibility. Seating is limited. Individual budget counseling and additional classes are offered each month. For more information and to reserve a seat call Financial Readiness at 221-1612.

Red Cross Certified Babysitting Class, July 10

The Red Cross Station located at 2650 Patch Road will conduct Red Cross certified babysitting class for youth ages 11-15 on July 10 from 9 a.m. to 4 p.m. Cost is \$35, which must be paid by July 6. The class is limited to the first ten students. The course manual is optional, but highly recommended. It can be purchased at the time of enrollment for \$5. Bring your own lunch. For information, call Frank Dunn at 221-3355.

Tuition assistance available for active duty Soldiers

Tuition assistance for active duty Soldiers is \$4,500 per fiscal year with a cap of \$250 per semester hour to include fees. The current policy of \$4,500 per year is still in effect for the U.S. Army in fiscal year 2004. Soldiers will need a degree plan from the university or college they are attending no later than completion of nine semester hours. This is a regulatory requirement that must be complied with prior to continuing in any college program. Visit the Army Continuing Education System, Bldg. 2248, to review educational goals with a professional guidance counselor. For information, call 221-1738.

SkillSoft has new On-line Technical Support Portal

SkillSoft has a new On-Line Technical Support Portal. Users can now go to <http://onlinesupport.skillsoft.com> and click on "create a case." Once the information request is complete, an e-mail will be sent with a password and case number. When this is established, the user can go in and track their case. This is in addition to the regular support desk at support@skillsoft.com.

Direct commissioning program available

The U.S. Army Health Care Recruiting Team is looking for qualified applicants for their direct commissioning program. Anyone working toward a bachelors' degree in any science, nursing, physics, nutrition or engineering may qualify to become an Army officer. The program is open to active duty, reserve, National Guard and civilians. For information, call Capt. Beverly S. Scott at 692-7376, (877) 570-8053 or e-mail Beverly.Casiano@usarec.army.mil.

Meetings

Purple Heart veterans sought

Purple Heart Veterans are invited to join the meeting of Military Order of the Purple Heart on the first Saturday of every month, 9 a.m. at the Roadrunner Community Center to learn more about combat related entitlements and claims benefits. Registration begins at 9 a.m. Bring your DD Form 214 and a short biography.

FSH Sergeants Major Association seeks new members

The Fort Sam Houston Sergeants Major Association meets every third Thursday of the month, 6 p.m. in the FSH NCO Club. Sgt. Maj. Hector Viczaino, president of the association, extends a cordial invitation to all Active Duty and retired command sergeants major, sergeants major and master sergeants on the promotion list from all service branches to attend the meetings. For information, call Command Sgt. Maj. Sampson Rush at 221-4129.

Calling all single Soldiers to join BOSS

The Better Opportunities for Single Soldiers meetings are held on the first and third Wednesdays of every month, 1:30 p.m. at the Hacienda Recreation Center. The BOSS committee was established to provide Soldier input to the commander, who uses the committee's recommendations to improve single Soldiers' Morale, Welfare and Recreation programs. For information, call BOSS President Staff Sgt. Edward Castro at 221-8760.

Fort Freebies

Freebies are published on a first come, first serve basis. Commercial advertisements are prohibited. The deadline is noon Monday. Freebies are intended for personal household goods and privately owned property, and may only be submitted by active, retired or reserve component military members and civilian employees working on Fort Sam Houston. To submit paid classified ads or commercial advertising, call Prime Time at 453-3300. To submit a Fort Freebie, e-mail to: news.leader@samhouston.army.mil or fax to 221-1198. Ensure your military/Fort Sam Houston civil service status, phone number and name appears on request. Limit of five items per entry.

For Sale: 2002 GMC Yukon XL SLT, white, loaded including 10.4" screen/DVD system, leather, moon roof, alarm, tow pkg., CD/cassette, luggage rack, seats 8, 23.8K miles and in excellent condition, \$27,500 obo. Call 273-7271.

For Sale: White 6-drawer wood chest, \$30; wood 8-drawer chest with two matching nightstands, \$95. Two-door, black Kitchenaid side-by-side refrigerator/freezer, reasonable offer considered. Call cell 887-8456.

For Sale: Air Hockey electric table with accessories, \$50; brand new window air conditioner, 5,000 BTU, \$70; Cardio Glider exerciser, \$20; Three sets of burgundy formal drapes from JC Penney's, \$20 per set. Call 387-8836 day or 658-1008 evenings.

For Sale: Five piece Bistro table set \$250 obo, solid light colored wood construction;

one black female dog, spayed and up to date on shots, \$50; moonwalk bounce with blower \$1,200. Call 670-2083.

For Sale: Green and cream sofa sleeper couch, excellent condition \$350; white extra large Kenmore refrigerator with ice maker only used one year \$300; solid wood kitchen table with leaf \$150; Wood roll top computer desk \$250. Call Kevin or Kristin at 223-2508.

For Sale: Pool table, \$125; 12-speed Magnum Mountain bike, \$45; keyboard Korg X3 with case, \$325. Call 337-1038.

For Sale: Two white wardrobes, glider rocker, stair stepper, grill, traditional rocking chair, moving, make an offer. Call (210) 223-7170.

For Sale: Baby crib with mattress in excellent condition, \$70; leather front mask for Volkswagen Jetta, \$20. Call 662-8901 or 325-7538.

For Sale: Whirlpool side-by-side refrigerator with ice and water, built in water filter, \$650, like new Whirlpool Gas dryer, white, with shoes rack, \$250; Murray lawn-mower, gas 20 inch, \$50; 30 boxes from move all broken down and ready, include tape, first \$20 gets them. Call 826-4150.

For Sale: Century Take 2, double stroller toddler/infant combo, \$20. Graco Voyager high back booster car seat \$15. Call 821-5479.

For Sale: Yamaha Tenor Saxophone, \$2,000; 10-in-1 complete home woodworking shop with accessories, \$2,000; Sony 400 CD changer, \$175. Call 355-4330.

For Sale: 4-ft. chain link fence, approx 170 ft. with everything including gates, \$200 obo; oversized La-Z-Boy swivel rocker recliner, blue, \$75 obo; 20" Panasonic stereo TV, \$50 obo; wood glider/rocker with ottoman, blue cushions, \$50 obo; small

wood desk with 7 drawers, \$25 obo. Call 347-6746 or 347-6747.

For Sale: Drapes, several sizes and colors, \$2-15; wallpaper; stuffed animal, Mr. Wrinkles, dog, \$15; cosmetic case, blue, \$10; TV stand, wooden, with rollers, \$25;print, Big Bend, framed, \$125. Call Sgt. 1st Class Charles Kretzschmar at (210) 653-4205.

For Rent: House, 3-1-1, family room, living room, kitchen/dining area, fenced backyard at 4403 First View, off Perrin Beitel, near the main Post Office. Available June 25. Application required, \$695 per month plus deposits. Call (210) 490-8786.

Free: Eight kittens, take 1 or take all, kept indoor, litter box trained and very playful. Call 566-3520.

Free: Grey one-year-old fixed house cat with all essential supplies and more. Call Kevin or Kristin at 223-2508.



Career Clips



The Army Career and Alumni Program office provides numerous services to eligible people in transition including job assistance. Information on these and other positions is available to ACAP customers in the ACAP Office, Bldg. 2264 or call 221-1213.

Medical Records: RHIA or RHIT. San Antonio. RHIA or RHIT will oversee the medical records department and maintain the department in a competent and organized fashion. Computer literacy, excellent organizational skills.

Med Materials Specialist(US Army).San Antonio. Knowledge and experience in medical supply management to include automation systems TAMMIS,AMEDDPAS, and DMLSS. Knowledge of medical logistics functions. Knowledge of CAIM and SRIM. Ability to analyze user requirements, procedures, and implement business improvements.

PCARS Specialist.San Antonio. Knowledge of the USAF application known as PCARS and how it interfaces with the MILPDS. Ability to think logically, identify problems and solve them. Coordinate actions with multiple organizations.

Smoke-free and courageous forever

Attend smoking cessation classes in the Health Promotion Center and learn how to find the courage to give up the nicotine habit forever, whether you smoke, dip, or chew. Become one of our graduates and earn your "wings".

Health Promotion Center
Ward 3 West, BAMC
916-3352 or 916-5538

